## SHAKTI....

Shakti is a creative movement for women initiated by 'Vijnan Bharati' recognizes the importance of women in the society and in progress of the nation and aims to bring together to awaken their potential and enhance their perceptions of the social, economic, cultural and intellectual aspects of life through involvement with the scientific fraternity to formulate beneficial mechanisms for the betterment of mankind.

## **OBJECTIVES**

□To enable women to feel empowered and inspired to live their best lives and achieve their highest level of wellness.

□To aware themselves for their intrinsic qualities that can be helpful in nation building. To aware the importance of culture and traditions to improve wellness.

□Importance of women's health for their wellness

## **THEME OF SEMINAR**

- □ To encourage women to make themselves priority and practice simple wellness ideas to improve their overall well being.
- □ To enhance the capability of women to look after the normal health health and education.
- □ To encourage and support activities to integrate traditional and modern systems of health care and improve their wellness. The basic culture of the region implies a lot on complete wellness of the women.
- □ The wellness of the women makes family happy and prosperous and ultimately the society
- □ To provide a platform for sharing the views and knowledge.

Dr. Shankar V. Tatwawadi Ji **CHIEF PATRON Chief Mentor, VIBHA** Nagpur

## Prof. Keshari Lal Verma **PATRON**

Vice Chancellor, Pt. Ravishankar Shukla University, Raipur

## **Prof. Kallol Ghosh COORDINATOR**

**Outreach Centre** Pt. Ravishankar Shukla University, **Raipur, Chhattisgarh** 

**Prof. Swarnlata Saraf COORDINATOR** Pt. Ravishankar Shukla University, **Raipur, Chhattisgarh President, SHAKTI, Raipur** 







छत्तीसगढ़ शासन

## **CULTURE DEPARTMENT CHHATTISGARH STATE**



# **OUTREACH CENTRE PT. RAVISHANKAR SHUKLA UNIVERSITY, RAIPUR**

## **Sponsored**

**Two days National Seminar on** 

"Women's wellness : Impact of

health and Culture"

28<sup>th</sup> -29<sup>th</sup> July 2018



A National Movement for Women Reg. No.: ER-294/04 URL:shaktibharat.org.in

## **Organized by SHAKTI, Raipur Chhattisgarh**



**Two days National Seminar on** "Women's wellness : Impact of health and Culture"

28th - 29th July 2018



## **Contact person Prof. Swarnlata Saraf**

President, Shakti, Raipur **Professor, University Institute of** Pharmacy, Pt. Ravishankar Shukla University Raipur, C.G.

## **Phone No:**

09425522945; 093030-13723 7587776754, 09826660819

### E.mail:

swarnlatasaraf@gmail.com shaktichhattisgarh@gmail.com



#### SHAKTI MAHILA VIGYAN BHARATI SAMITI, RAIPUR, CHHATTISGARH

**Reg. No. 21276** Office-Gurukul, Azad chowk, Raipur (C.G.), 492001 Mo. 7587776754 E-mail-shaktichhattisgarh@gmail.com

<b>Registration Form</b>
(Please Fill All In capitals) Name
Designation
Qualification and specialization
Age Sex Experience
Organization
Mailing Address
Mob: Email (essential).

Accommodation required YES/NO

Signature and Date.....

\* No Registration Fee will be charged from the registered delegates

## Venue:



are only as strong as the health of their women..... "-Michelle Obama

**National Executive Members** 

## Founder Shakti, Chhattisgarh Dr. Usha Dubey

Dr. Sunanda Denge

Dr. Swarnlata Saraf

#### **Shakti Office Bearers** Patron

Dr. GeetaTiwari \*\*

**President** 

Dr. Swarnlata Saraf \*\*

**Vice President** 

Dr. Aruna Choubey \*\*

Dr. Vandana Kumar \*\*

**Secretary** 

Dr. Smita Sharma \*\*

**Joint Secretary** 

**Dr. Chanchal Deep Kaur** \*\*

**Joint Secretary** 

Dr. Divya Sharma \*\*

**Treasurer** 

Dr . Abhaya Joglekar