



देश हमें देता है सब कुछ
हम भी तो कुछ देना सीखें ॥

सूरज हमें रोशनी देता
हवा नया जीवन देती है
भूख मिटाने को हम सबकी
धरती पर होती खेती है
औरों का भी हित हो जिसमें
हम ऐसा कुछ करना सीखें ॥ 1 ॥

पथिकों को तपती दोपहर में
पेड़ सदा देते हैं छाया
सुमन सुगंध सदा देते हैं
हम सबको फूलों की माला
त्यागी तरुओं के जीवन से
हम परहित कुछ करना सीखें ॥ 2 ॥

जो अनपढ़ है उन्हें पढ़ाएं
जो चुप है उनको वाणी दे
पिछड़ गए जो उन्हें बढ़ाएं
प्यासी धरती को पानी दे
हम मेहनत के दीप जलाकर
नया उजाला करना सीखें ॥ 3 ॥

पूर्णमदः पूर्णमिदं पूर्णात्पूर्णमुदच्छते
पूर्णस्य पूर्णमदाय पूर्णमैवावशिष्यते
॥ ॐ शान्तिः शान्तिः शान्तिः ॥



शक्तिगीत

विधातुं निजं राष्ट्रनिर्माणकार्यं
तथा चाबलां दोर्बलां तां विधातुम् ।
लसत्स्नेह सौहार्दरूपप्रतीकं
शिवं चार्धनारीशसंकल्परूपम् ॥१॥

जगत्यां चकास्ते नवं केन्द्रमेकं
यदत्राभवच्छक्तिनाम्ना प्रसिद्धम् ।
परिच्छिद्य पाश्चात्यतर्कं नवीनं
स्त्रियं जागृतां कर्तुमेतत् प्रवृत्तम् ॥२॥

समाजं प्रकृष्टं विधातुं क्षमा या
नवं भारतं चित्रितुं च क्षमा या ।
भविष्यं समर्थं प्रकर्तुं क्षमा या
विकासार्थमस्याश्च शक्तेः प्रयत्नः ॥३॥

स्त्रियं शिक्षितां कर्तुमेतत् प्रवृत्तं
स्त्रियं प्रेममूर्तिं विधातुं प्रवृत्तम् ।
स्त्रियं चोन्नतं प्रापणार्थं प्रवृत्तं
चिरायुश्च भूयान्नवं केन्द्रमेतत् ॥४॥

डॉ. रमन सिंह
मुख्यमंत्री
Dr. RAMAN SINGH
CHEF MINISTER



Do.No./DPR/1247/VIP/2018
DATE 25.08.2018
महानदी भवन, मंत्रालय
नया रायपुर, छत्तीसगढ़- 492002
Mahanadi Bhawan, Mantralay
Naya Raipur, Chhattisgarh
Ph.: (O) 0771-2221000-01
Ph.: (O) 0771-2221306
Ph.: (R) 0771-2331000-01
Ph.: (R) 0771-2443399
Ph.: (R) 0771-2331000



संदेश

मुझे यह जानकर प्रसन्नता हुई कि महिलाओं के सामाजिक, सांस्कृतिक, आर्थिक और बौद्धिक विकास के लिए कार्यरत राष्ट्रीय संस्था 'शक्ति' द्वारा अपने स्थापना दिवस के अवसर पर वार्षिक कार्यक्रम का आयोजन किया जाता है। यह भी हर्ष का विषय है कि संस्था द्वारा इस अवसर को यादगार बनाने के लिए एक स्मारिका प्रकाशित की जा रही है। आयोजन की सफलता और स्मारिका प्रकाशन के लिए मेरी हार्दिक शुभकामनाएं।

भवदीय

(रमन सिंह)

Message

Shakti Mahila Vigyan Bharati Samiti, Raipur, Chhattisgarh, is engaged, since 2011, in the task of empowering women with science background, innovative ideas and positive attitude. The Samiti is striving to inculcate scientific knowledge, related to health and social activities, among the women and girls in Chhattisgarh so that they achieve excellence in all the fields of activities.



Through the ages empowered women have been considered as symbol of "power" and "strength" in our culture. However, a larger section of women in our society continues to suffer due to ignorance and a sense of insecurity. The modern society needs to ensure social empowerment of women so that the social and gender discrimination processes in our society are addressed. Women empowerment may solve most of the social issues as well as bring about inclusive growth and all around development in our state and also in the nation.

The President and members of the Samiti are committed for advancement of scientific temperament among the women and girls without neglecting various customs and rituals that have been passed on through hundreds of years in our national life and are very much part of Indian culture.

With a view to achieving this object, Shakti Mahila Vigyan Bharati Samiti is bringing about awareness among girls and women to take up social and personal responsibilities. The Samiti wants that the women and girls to have faith in themselves and strive to realize their dreams of life. The Samiti is encouraging the women and girls to believe that with their inherent spirit, belief and passion for something creative in life, nothing is impossible for them to achieve. The women and girls are being actively inspired to demonstrate personal and social responsibility.

The Samiti, with its excellent welfare programmes and dedication for the outstanding results, has carved a unique niche in the state in the field of women empowerment. The commitment and untiring efforts of the Samiti are now acknowledged all over the country. I congratulate the entire team of the Samiti for their achievements.

I am very happy to record that the President and Members of the Samiti have left no stone unturned to bring about a transformation in the lives of women and girls in Chhattisgarh and make the state march forward. I am sure that with the efforts of the leaders of the Samiti, the so called the weaker section of our society - the girls and women - would become strong enough to take care of their welfare, development and security. The women of Chhattisgarh would be in the fore front in the march of the country towards greater heights.

The "Smarika" is a medium to communicate to society the objects, targets and programs of the "Samiti" which are being implemented with creative approach and untiring efforts and also the goals achieved so far. I convey my best wishes for successful publication of the "Smarika".

With best wishes to the President and member of the Samiti for their continued success in the years to come.

Dr. Geeta Tiwari
Patron,
Shakti Mahila Vigyan Bharati Samiti,
Raipur, C.G.

Message of President

It give me an immense pleasure to know that Shakti organization publish "Smarika" book like a garland of work carried out by the Shakti Mahila Vigyan bharati Samiti Raipur (C.G.). Shakti was established in 2011 with a strong willed approach of keeping women's belonging to science background interest in mind. Since then, it has created a distinct niche for itself in the cultivating the knowledge of science field recognizes the importance of women in society and in progress of the nation. Shakti organization aims to bring together women to awaken their potential and enhance their perception of the social, economic cultural and intellectual aspects of life through involvement with the scientific fraternity to formulate beneficial mechanism for the betterment of mankind. Shakti believes in enhancing the position of women in society to improve by providing them the basic knowledge of self-employment, to help women in proper care in health and create awareness regarding girls and her own health. The extent of women's representation in different field in our country is determined by a wide range of factors, including the general progress towards opportunities among women and men in public and private sector. Shakti helps women to act with compassion accept responsibility for their own development purposes. I believe that our Shakti organization is devoted to empowering women to serve our society and the nation as well. With this feeling we have been conducted different programs like health camp, Wellness Seminar, Awareness program, lectures for women's and girls' we also conducted energy conservation awareness program in different school and Colleges with the close co-operation of "CREDA" We always work with best possible environment for society women in which the women can learn in a natural way as they want. The likelihood of achieving this is strengthened by facilitating an overall development of the women and girls in all its dimensions Intellectual, Physical, Social, Moral and spiritual.



I wish the whole member of our Shakti organization with the hope that the Shakti Chhattisgarh will continue to carry-on the noble work for the betterment of women in our society.

Dr. Swarnlata Saraf
President

Shakti Mahila Vigyan Bharati Samiti, Raipur, C.G.
Professor, University Institute of Pharmacy
Pt. Ravishankar Shukla University, Raipur, C.G.

संदेश



सर्वे भवन्तु सुखिनः की भावना पर आधारित भारतीय पारंपरिक विज्ञान को बढ़ावा देने वाली राष्ट्रीय संस्था विज्ञान भारती की महिला ईकाई 'शक्ति' सम्पूर्ण राष्ट्र में 22 ईकाईयों के माध्यम से नित नूतन गतिविधियों का संचालन, महिलाओं के उत्थान और राष्ट्रीय विकास में उनकी सुनिश्चित भागीदारी के उद्देश्य से कार्य कर रही है।

छत्तीसगढ़ प्रांत में शक्ति का बीज 'शक्ति' महिला विज्ञान भारती समिति के रूप में सन् 2011 में डॉ. उषा दुबे द्वारा रोपित किया। वर्तमान में पूरे क्रियाकलापों का संजोयन प्रो. गीता तिवारी और संवारने का कार्य अध्यक्ष प्रो. स्वर्णलता सराफ कर रही हैं। 'शक्ति' में सेवा देने वाली सदस्यों में शिक्षा जगत से जुड़े महाविद्यालयीन प्राध्यापक, स्कूल शिक्षक, चिकित्सक, समाजसेवी, शिक्षाविद् के साथ विभिन्न क्षेत्रों में कार्य करने वाली कर्मठ और विदुषी महिलाएं हैं जो यथाशक्ति 'शक्ति' के कार्यों में प्रत्यक्ष/अप्रत्यक्ष रूप से अपना सहयोग दे रही हैं।

'शक्ति' छत्तीसगढ़ महिलाओं की शिक्षा, स्वास्थ्य, जागरूकता और आत्मरक्षण के क्षेत्र में कार्य कर रही है। इससे उनके बौद्धिक एवं कार्यकुशलता के साथ उनको आत्मनिर्भर और स्वाभिमान के साथ जीवन जीने की प्रेरणा मिल रही है। साथ ही 'शक्ति' सरकार के जनकल्याण कार्यक्रमों और समाज के बीच की कड़ी के रूप में कार्य करते हुए विभिन्न विभागों के सहयोग से परियोजना का संचालन करती है।

यह हर्ष का विषय है कि 'शक्ति' रायपुर ईकाई अपनी कार्यकलापों का लेखा-जोखा को एक स्मारिका के रूप में प्रकाशित करने जा रही है। 'शक्ति' का मुख्य उद्देश्य पारंपरिक ज्ञान विज्ञान परंपरा को संजीवीत करना और नारियों के सर्वांगीण विकास के लिए दैनिक जीवन में वैज्ञानिकता को बढ़ावा देना है। 'शक्ति' महिलाओं से अपील करती है कि आप इस आंदोलन से जुड़े और भावी पीढ़ी को अपनी पारंपरिक ज्ञान का विरासत सौंपने में सहयोग करें।

शुभकामनाओं सहित...

डॉ. स्मिता शर्मा
सचिव
'शक्ति' महिला विज्ञान भारती समिति
रायपुर, (छ.ग.)

SHAKTI

A National Movement for Women

Shakti meaning "Power" or "empowerment" is the primordial cosmic energy and represents the dynamic forces that move through the entire universe as the personification of divine feminine creative power. We consider earth and our nation to be our mother, the source of life and its sustenance. If a parallel be drawn then the feminine potential is a manifestation of macrocosm in microcosm in its ability to nurture and sustain mankind. Women are the repository of the past, present and unborn future and throughout the annals of mankind. The role of women have become obscure due to her own incapacity to step beyond the stereotypic role that has been ingrained into the collective psyche of society that is gender biased and extremely hostile. As life becomes complex, fast paced and globalized, every society needs contemplation, introspection and a vector towards a culture of inclusion.

"SHAKTI" A National Movement for Women, initiated by 'Vijnana Bharati' (in the year 2003) recognizes the importance of women in society and in progress of the nation aims to bring together women to awaken their potential and enhance their perception of the social, economic cultural and intellectual aspects of life through involvement with the scientific fraternity to formulate beneficial mechanism for the betterment of mankind.

Shakti believes in promoting progress without flouting the traditions that have been handed down through centuries so as to preserve our national identity. Ideologically, Shakti wants to bring about conspicuous change in social mindset so that both men and women come together and complements each other for a progressive future. Therefore, to make a constructive change, men & women should work together to rediscover the creative potentiality in each other in a symbiotic plane.

- Empowering women to generate a strong concept of service to the nation and society as a whole.
- Conducting surveys, studies and research on issue relevant for women.
- Conducting activities for overall development of society.



प्ररूप दो
(नियम 6 देखिये)

छत्तीसगढ़ शासन



सोसायटी के रजिस्ट्रीकरण का प्रमाण - पत्र

क्रमांक स.रा.०/ जिला रायपुर/ पंजी. क्रमांक = 21276

यह प्रमाणित किया जाता है कि "शक्ति मीहला विमान भारती सीमांत रायपुर"

सोसायटी, जो वी-1/40 लोकमान्य सीमांत रोहिणीपुरम रायपुर

तहसील रायपुर जिला रायपुर में स्थित है, छत्तीसगढ़ सोसायटी

रजिस्ट्रीकरण अधिनियम, 1973 (क्रमांक 44 सन् 1973) के अधीन तारीख 13/6/2011

को रजिस्ट्रीकृत की गई है।



(डी० एल० वर्मा)

सोसायटियों का रजिस्ट्रार
कमरा एच 255ए, रायपुर नगर
छत्तीसगढ़

प्रारूप दो
(नियम 6 देखिये)
छत्तीसगढ़ शासन



सोसायटी के रजिस्ट्रीकरण का प्रमाण - पत्र

क्रमांक स.रा./जिला रायपुर/ पंजी. क्रमांक 21276

यह प्रमाणित किया जाता है कि 'शक्ति महिला विज्ञान भारती समिति रायपुर' सोसायटी जो बी/1/40 लोकमान्य समिति रोहिणीपुरम रायपुर, तहसील रायपुर, जिला- रायपुर में स्थित है, छत्तीसगढ़ सोसायटी रजिस्ट्रीकरण अधिनियम, 1973 (क्रमांक 44 सन् 1973) के अधीन तारी 16.6.2011 को रजिस्ट्री की गई है।

(डी.एल. धुर्वे)
सोसायटी रजिस्ट्रार
फॉर्म एवं संस्थाएं, रायपुर संभाग
छत्तीसगढ़

नियमावली

पंजीयन क्रमांक- 21276 दिनांक 13.6.2011

1. **संस्था का नाम-** शक्ति महिला विज्ञान भारती रायपुर होगा।
2. **संस्था का कार्यालय-** बी1/40, लोकमान्य समिति रोहिणीपुरम, रायपुर म.नं. बी1/40 मोहल्ले का नाम- लोकमान्य समिति, रोहिणीपुरम, रायपुर, तहसील- रायपुर, जिला- रायपुर (छत्तीसगढ़)
3. **संस्था का कार्यक्षेत्र संपूर्ण जिला रायपुर होगा।**
4. **संस्था का उद्देश्य-** महिलाओं की स्वाभाविक क्षमता का विस्तार करना तथा उन्हें समाज के विकास एवं उन्नति में अनिवार्य हिस्सा बनाना।
(जो ज्ञापन पत्र में अंकित है वही लिखें)
 1. महिलाओं को सामाजिक, बौद्धिक, आर्थिक तथा सामाजिक क्षेत्रों में सशक्त बनाना ताकि देश एवं समाज में सेवा की धारणा बलवती हो।
 2. समाज में महिलाओं से संबंधित समस्याओं का अध्ययन सर्वे तथा शोध करना एवं शासकीय तथा गैर शासकीय संस्थाओं को नीति निर्धारण एवं कार्यान्वयन में मार्गदर्शन करना
 3. उद्यमिता में दक्षता का विकास करने, सामाजिक जागरूकता लाने रचनात्मक तथा बौद्धिक क्रियाओं के विकास के लिए विभिन्न प्रशिक्षण कार्यक्रमों की जिम्मेदार उठाना।
 4. जीविका मार्गदर्शन, व्यक्तित्व के विकास के लिए तथा परामर्श प्रकोष्ठ का कार्य, समाज के कल्याण के लिए करना।
 5. स्वदेशी विज्ञान अभियान चलाना।
 6. महिलाओं तथा छात्राओं को सशक्त बनाने के लिए विभिन्न कार्यक्रमों कार्यशालाओं, सेमीनारस, अधिवेशनों तथा सांस्कृतिक कार्यक्रमों का आयोजन करना
 7. महिलाओं तथा छात्राओं के कल्याण हेतु सामाजिक तथा आर्थिक सहायता प्रदान करना। स्कूलों, महाविद्यालयों तथा विश्वविद्यालयों में महिलाओं तथा छात्राओं के सामाजिक, बौद्धिक, आर्थिक, सांस्कृतिक तथा वैज्ञानिक विचारों के विस्तार के लिए सेमीनार, कार्यशाला तथा अधिवेशन का आयोजन करना
 8. छात्राओं का विज्ञान, तकनीकी तथा शोध कार्य हेतु प्रोत्साहित करना।
5. **सदस्यता-** संस्था के निम्नलिखित श्रेणी के सदस्य होंगे।
 - (अ) संरक्षण सदस्य- संस्था को जो व्यक्ति दान के रूप में रुपये 10,000.00 (दस हजार रु) या अधिक एकमुश्त या एक साल में बारह किश्तों में देगा वह समिति का संरक्षक सदस्य होगा।
 - (ब) आजीवन सदस्य- जो व्यक्ति संस्था के दान के रूप में 1000.00 (एक हजार रु.) या अधिक देकर वह आजीवन सदस्य बन सकेगा।
 - (स) साधारण सदस्य- जो व्यक्ति रुपये 100.00 प्रति वर्ष संस्था को चंदे के रूप में देगा वह साधारण सदस्य होगा। साधारण सदस्य केवल उसी अवधि के लिये सदस्य होगा, जिसके लिए उसने चंदा दिया है जो साधारण सदस्य बिना संतोषनजक कारणों के छः माह तक देय चंदे की राशि देने पर पुनः सदस्य बनाया जा सकता है।
- (द) **सम्माननीय सदस्य-** संस्था की प्रबंधकारिणी किसी व्यक्ति या व्यक्तियों को उस समय के लिये जो भी उचित समझे सम्माननीय सदस्य बना सकती है ऐसे सदस्य साधारण सभा की बैठक में भाग ले सकते हैं, परंतु उनका मत देने का अधिकार नहीं होगा।
6. **सदस्य की प्राप्ति-** प्रत्येक व्यक्ति जो समिति सदस्य बनने का इच्छुक हो लिखित रूप में आवेदन करना होगा। ऐसा आवेदन पत्र प्रबंधकारिणी समिति को प्रस्तुत होगा, जिसे आवेदन पत्र को स्वीकार या अमान्य करने का अधिकार होगा।
7. **सदस्यों की योग्यता-** संस्था का सदस्य बनने के लिये किसी व्यक्ति में निम्नलिखित योग्यता होना आवश्यक है-
 1. आयु 18 वर्ष से कम न हो 2. भारतीय नागरिक हो, 3. समिति के नियमों के पालन की प्रतिज्ञा की हो, 4. सद्चरित्र हो तथा मद्यपान न करता हो, 5. महिला मंडल/महिला स्वसहायता समूह में केवल महिला ही सदस्य न सकेगा।
8. **सदस्यता की समाप्ति-** संस्था की सदस्यता निम्नलिखित स्थिति में समाप्त हो जावेगा-
 1. मृत्यु हो जाने पर, 2. पागल हो जाने पर, 3. संस्था को देय चंदे की रकम नियम 5 में बताये अनुसार जमा न करने पर, 4. त्याग पत्र देने पर और वह स्वीकार होने पर, 5. चरित्रक दोष होने पर कार्यकारिणी समिति के निर्णयानुसार निकाल दिये जाने पर जिसके निर्णय पारित होने की सूचना सदस्य को लिखित रूप में देनी होगी।
9. **संस्था कार्यालय में पंजी रखी जावेगी, जिसमें निम्न व्यौरे दर्ज किये जावेंगे-**
 1. प्रत्येक सदस्य का नाम, पता तथा व्यवसाय
 2. माह तारीख जिसको सदस्यों को प्रवेश दिया गया हो व रसीद नं.
 3. माह तारीख जिससे सदस्यता समाप्त हुई हो।
 4. सदस्यों के हस्ताक्षर
9. (अ) **साधारण सभा-** (अ) **साधारण सभा-** साधारण सभा में नियम 5 में दर्शाये श्रेणी के सदस्य समावेशित होंगे। साधारण सभा की बैठक आवश्यकतानुसार हुआ करेगी। परंतु वर्ष में एक बार बैठक अनिवार्य होगी। बैठक का माह जनवरी होगा तथा बैठक

का स्थान व समय कार्यकारिणी समिति निश्चित कर 15 दिवस पूर्व प्रत्येक सदस्य को दी जावेगी। बैठक का कोरम 3/5 सदस्यों का होगा। संस्था की प्रथम आमसभा पंजीयन दिनांक से 3 माह के भीतर बुलाई जावेगी। उसमें संस्था के पदाधिकारियों को विधिवत निर्वाचन किया जावेगा। यदि संबंधित आमसभा का आयोजन किसी समय नहीं किया जाता तो पंजीयन को अधिकार होगा कि वह संस्था की आमसभा का आयोजन किसी जिम्मेदार कर्मचारी के मार्गदर्शन में एवं पदाधिकारियों का विधिवत चुनाव कराया जावेगा।

(ब) **प्रबंधकारिणी सभा**- प्रबंधकारिणी सभा बैठक प्रत्येक माह होगी तथा बैठक का एजेण्डा तथा सूचना बैठक दिनांक से सात दिन पूर्व कार्यकारिणी के प्रत्येक सदस्य को भेजी जाना आवश्यक होगी। बैठक में कोरम 1/2 सदस्यों की होगी। यदि बैठक का कोरम पूर्ण नहीं होता है तो बैठक एक घंटे के लिए स्थगित की जाकर उसी स्थान पर उसी दिन पुनः की जा सकेगी। जिसके लिये कोरम की कोई शर्त न होगी।

(स) **विशेष**- यदि कम से कम कुल संख्या (कुल सदस्यों की संख्या का) के 2/3 सदस्यों द्वारा लिखित रूप में बैठक बुलाने हेतु आवेदन करें तो उनके दर्शाये विषय पर विचार करने के लिये साधारण सभा की बैठक बुलाई जावेगी। विशेष संकल्प पारित हो जाने पर संकल्प की प्रति बैठक पंजीयक को संकल्प पारित हो जाने के दिनांक से 45 दिन के भीतर भेजा जावेगा। पंजीयक को इस संबंध में आवश्यक निर्देश जारी करने तथा समिति को परामर्श देने का अधिकार होगा।

11. साधारण सभा के अधिकार व कर्तव्य- (क) संस्था के पिछले वर्ष का वार्षिक विवरण प्रगति प्रतिवेदन स्वीकृत करना (ख) संस्था की स्थाई निधि व सम्पत्ति की पीठक व्यवस्था करना (ग) आगामी वर्ष के लिये लेखा परीक्षकों की नियुक्ति करना (घ) अन्य ऐसे विषयों पर विचार करना जो प्रबंधकारिणी द्वारा प्रस्तुत हो (च) संस्था द्वारा संचालित संस्थाओं के आय-व्यय पत्रकों को स्वीकृत करना (छ) बजट का अनुमोदन करना।

12. प्रबंधकारिणी का गठन- नियम 5 (अ, ब, स) में दर्शाये गये सदस्यों जिनके नाम पंजी रजिस्टर में दर्ज हो बैठक में बहुमत के आधार पर निर्मांकित पदाधिकारियों तथा प्रबंधकारिणी समिति के सदस्यों का निर्वाचन होगा।
एक अध्यक्ष, दो उपाध्यक्ष, एक सचिव, एक कोषाध्यक्ष, तीन संयुक्त सचिव व नौ कार्यकारिणी के सदस्य, एक समन्वयक एवं एक सह समन्वयक।

13. प्रबंध समिति का कार्यकाल- प्रबंध समिति का कार्यकाल तीन वर्ष का होगा। समिति का यथेष्ट कारण होने पर उस समय तक जब तक कि नई प्रबंधकारिणी समिति का निर्माण नियमानुसार या अन्य कारणों से नहीं हो जाता करती रहेगी, किंतु उक्त अवधि 6 माह से अधिक नहीं होगी। जिसका अनुमोदन साधारण सभा में कराना अनिवार्य होगा।

14. प्रबंधकारिणी के अधिकार व कर्तव्य-

- (अ) जिन उद्देश्यों की प्राप्ति हेतु समिति का गठन हुआ है, उसकी पूर्ति करना और इस आशय की पूर्ति हेतु व्यवस्था करना।
- (ब) पिछले वर्ष का आय-व्यय का लेखा पूर्णतः परीक्षित किया हुआ प्रगति प्रतिवेदन के साथ प्रतिवर्ष साधारण सभा की बैठक में प्रस्तुत करना।
- (स) समिति एवं उसके अधीन संचालित संस्थाओं के कर्मचारियों के वेतन तथा भत्ते आदि का भुगतान करना। संस्था की चल-अचल सम्पत्ति पर लगने वाले कर आदि का भुगतान करना।
- (द) कर्मचारियों शिक्षकों आदि की नियुक्ति करना।
- (ई) अन्य आवश्यक कार्य करना, जो साधारण सभा द्वारा समय-समय पर सौंपे जाए।
- (च) संस्था की समस्त चल-अचल संपत्ति कार्यकारिणी समिति के नाम से रहेगी।
- (छ) संस्था द्वारा कोई भी स्थावर संपत्ति, रजिस्ट्रार की लिखित अनुज्ञा के बिना विक्रय या अन्यथा अर्जित या अंतरित नहीं की जाएगी।
- (ज) विशेष बैठक आमंत्रित कर संस्था के विधान में संशोधन किये जाने के प्रस्ताव पर विचार-विमर्श कर साधारण सभा की विशेष बैठक में उसका स्वीकृति हेतु प्रस्तुत करेगी। साधारण सभा में कुल सदस्यों 2/3 मत से संशोधित पारित होने पर उक्त प्रस्ताव पारित कर पंजीयक को अनुमोदन हेतु भेजा जावेगा।

15. अध्यक्ष का अधिकार- अध्यक्ष साधारण सभा तथा प्रबंधकारिणी समिति की समस्त बैठकों की अध्यक्षता करेगा तथा मंत्री द्वारा साधारण सभा में प्रबंधकारिणी की बैठकों का आयोजन करवायेगा। अध्यक्ष का मत विचारार्थ विषयों में निर्णायक होगा।

16. उपाध्यक्ष के अधिकार- अध्यक्ष की अनुपस्थिति में उपाध्यक्ष द्वारा साधारण सभा एवं प्रबंधकारिणी की समस्त बैठकों की अध्यक्षता करेगा। अध्यक्ष में समस्त अधिकारों का उपयोग करेगा।

17. सचिव (मंत्री) के अधिकार- ----

1. साधारण सभा एवं प्रबंधकारिणी की बैठक समय समय पर बुलाना और समस्त आवेदन पत्र तथा सुझाव जो प्राप्त हो प्रस्तुत करना।
2. समिति की आय-व्यय का लेख परीक्षण से प्रतिवेदन तैयार करके साधारण सभा के सम्मुख करना।
3. समिति के सारे कागजातों को तैयार करना तथा करवाना उनका निरीक्षण करना व अनियमितता पाये जाने पर उसी सूचना प्रबंधकारिणी को देना।
4. सचिव को किसी कार्य के लिये एक समय में रुपये एक हजार व्यय करने का अधिकार होगा।

18. संयुक्त सचिव के अधिकार- सचिव की अनुपस्थिति में संयुक्त सचिव कार्य करेगा।

19. कोषाध्यक्ष के अधिकार- समिति की धनराशि का पूर्ण हिसाब रखना तथा सचिव या कार्यकारिणी द्वारा स्वीकृत व्यय करना।

20. बैंक खाता- संस्था की समस्त किसी अनुसूचित बैंक या पोस्ट ऑफिस में रहेगी। धन का आहरण अध्यक्ष, सचिव या कोषाध्यक्ष के

संयुक्त हस्ताक्षरों से होगा। दैनिक व्यय हेतु कोषाध्यक्ष के पास अधिकतम तीन हजार रहेंगे।

- 21. पंजीयक को भेजी जाने वाली जानकारी-** अधिनियम की धारा 27 के अंतर्गत संस्था की वार्षिक आमसभा होने के दिनांक से 45 दिवस के भीतर निर्धारित प्रारूप पर कार्यकारिणी समिति की सूची फाइल की जावेगी तथा धारा 28 के अंतर्गत संस्था की परीक्षित लेखा मय नियत शुल्क के साथ भेजेगी।
- 22. संशोधन-** संस्था के विधान में संशोधन साधारण सभा की बैठक में कुल सदस्यों के 2/3 मतों से पारित होगा। यदि आवश्यक हुआ तो संस्था के हित में उसका पंजीकृत विधान में संशोधन करने के अधिकार पंजीयक फर्म्स एवं संस्थाएं को होगा जो प्रत्येक सदस्य को मान्य होगा। संस्था के विधान में संशोधन हेतु प्रस्ताव मय नियत शुल्क सहित प्रस्तुत की जावेगी।
- 23. विघटन-** संस्था का विघटन साधारण सभा के कुल सदस्यों के 3/5 से पारित किया जावेगा विघटन के पश्चात संस्था की चल तथा अचल सम्पत्ति किसी समान उद्देश्यों वाली संस्था को सौंप दी जावेगी। उक्त समस्त कार्यवाही अधिनियम के प्रावधान के अनुसार की जावेगी।
- 24. सम्पत्ति-** संस्था की समस्त चल तथा अचल सम्पत्ति संस्था के नाम से रहेगी। संस्था की अचल सम्पत्ति (स्थावर) रजिस्ट्रार फर्म्स एवं संस्थाएं की लिखित अनुज्ञा के बिना विक्रय द्वारा दान द्वारा या अन्यथा प्रकार से अर्जित या अंतरित नहीं की जा सकेगी एवं उक्त हेतु नियत शुल्क संस्था द्वारा जमा की जायेगी।
- 25. बैंक खाता-** संस्था की समस्त निधि किसी अनुसूचित बैंक या पोस्ट ऑफिस में खोला जावेगा एवं समय-समय पर धन जमा करने व निकालने की प्रक्रिया जारी रहेगी।
- 26. पंजीयक द्वारा बैठक बुलाना-** संस्था की पंजीयक नियमावली के अनुसार पदाधिकारियों द्वारा वार्षिक बैठक ना बुलाए जाने पर या अन्य प्रकार से आवश्यक होने पर पंजीयक फर्म्स एवं संस्थाएं की बैठक बुलाने का अधिकार होगा। साथ ही यह बैठक में विचारार्थ विषय निश्चित कर सकेगा।
- 27. विवाद-** संस्था में किसी प्रकार का विवाद उत्पन्न होने पर अध्यक्ष को साधारण सभा के अनुति से सुलझाने का अधिकार होगा। यदि इस निश्चित या निर्णय से पक्षों को संतोष न हो तो वह रजिस्ट्रार की ओर विवाद के निर्णय के लिये भेज सकेंगे। रजिस्ट्रार का निर्णय अंतिम व सर्वमान्य होगा। संचालित सभाओं के विवाद अथवा प्रबंध समिति के विवाद उत्पन्न होने पर अंतिम निर्णय देने का अधिकार रजिस्ट्रार को होगा।

सोसायटी के कामकाज का प्रबंध, सोसायटी के विनियमों द्वारा गवर्नर, परिषद, संचालकों समिति या शास. निकाय को सौंपा गया, जिसके नाम पता तथा उपजीविका नीचे विनिर्दिष्ट की गई है-

अनु. क्र.	नाम	पता	उपजीविका
1	2	3	4
1.	डॉ. उषा दुबे	बी1/40 लोकमान्य समिति रोहणीपुरम रायपुर (छ.ग.)	सेवानिवृत्त आचार्य अध्यक्ष अर्थशास्त्र अ.शा.पं. रविवि, रायपुर
2.	डॉ. विनया अग्निहोत्री	बी1/26, लोकमान्य समिति रोहणीपुरम रायपुर (छ.ग.)	चिकित्सक, स्त्री रोग विशेषज्ञ
3.	डॉ. अरुणा चौबे	द्वारा- श्री आर.के. चौबे, फिल्टर प्लांट रिंग रोड नं.1 रायपुर (छ.ग.)	आचार्य एवं अध्यक्ष मनोविज्ञान विभाग, दू. बा. शा. स्नो. महिला महाविद्यालय
4.	डॉ. अभ्या जोगलेकर	29, रिडियेशन ग्राउंड चौबे कालोनी, रायपुर (छ.ग.)	आचार्य एवं अध्यक्ष गृह विज्ञान वि.
5.	डॉ. स्मिता शर्मा	गुरुकुल सेवती स्मृति सदन सदन, आजाद चौक, ब्राह्मणपारा रायपुर (छ.ग.)	डॉ. राधाबाई शा. नवीन कन्या महा. निर्देशक, गुरुकुल कोचिंग सेंटर आजाद चौक, ब्राह्मणपारा रायपुर (छ.ग.)
6.	श्रीमती भारती शर्मा	गुरुकुल सेवती स्मृति सदन सदन, आजाद चौक, ब्राह्मणपारा रायपुर (छ.ग.)	गृहणी/समाज सेविका
7.	डॉ. दीप्ति झा	द्वारा- श्री ए.के. झा एफ.सी. आई कालोनी, चंगोराभाटा महादेवघाट रोड, रायपुर	आचार्य भौतिक विभाग डॉ. राधाबाई शास. नवीन कन्या महा. रायपुर

5. छत्तीसगढ़ सोसायटी रजिस्ट्रकरण अधिनियम, 1973 (क्रमांक 44 सन् 1973) की धारा 6 की उपधारा (3) द्वारा यथा अपेक्षित सोसायटी के विनियम का सम्यक रूप से प्रमाणित एक प्रति इस प्रतिष्ठान ज्ञापन के साथ फाइल की गई है, हम विभिन्न व्यक्ति जिनके नाम और पते नीचे लिखे गए हैं, उपरोक्त प्रतिष्ठान ज्ञापन के अनुसरण में सोसायटी बनाने के इच्छुक हैं और नीचे दर्शाये गये अनुसार साक्षितयो की उपस्थिति में ज्ञापन पर हस्ताक्षर किए हैं।



(A National Movement For Woman)

SHAKTI MAHILA VIGYAN BHARTI SAMITI RAIPUR (C.G.)

Reg.No. 21276

SHAKTI a national movement of woman and it is working for the all round development of woman in our country. It has been formed with a great desire and determination of uniting the woman force of india for a creative movement.

SHAKTI envisions a society where the poor, deprived, excluded and marginalized woman have equal access and control over their rights, entitlement and resources in order to lead a cultural and social components. Shakti has registered , under society Registration act E.R.294/04, March, 2003. Head Office sastra Bhavan, B4, Mather square, kochi 682018 Shakti has state units in Kerala, Madhyabharat, Mahakoushal Uttarpradesh, West Bengal and Chhattisgarh.

SHAKTI MAHILA VIGYAN BHARATI SAMITI RAIPUR initiated by- **Dr.Usha Dubey** with a great desire and determination as a creative movement for women of our state Chhattisgarh. Our goal is awakening the inherent strength of women on a five point road map of education, health, economic independence, equality, and self respect. Women's participation in decision making in family and social sphere. Active participation of women in the process of national and social transformation.

- ▶ Name of the Unit - **SHAKTI MAHILA VIGYAN BHARATI SAMITI RAIPUR**
- ▶ Registration No. 21276 Registration date: 28 Nov. 2010
- ▶ Work territory (name the state and districts)- Chhattisgarh , Raipur
- ▶ Total no of Life Members (till AUGUST18) - 60
- ▶ Annual members if any (of year 17-18) - 4





Unit Governing/ Execution Team for the year 2018-19

SNo.	Post	Name with Brief Profile	Contact No & Email ID
1	Founder	Dr.UshaDubey	098261-82799- ushapdubey@gmail.com
2	Coordiator	Dr.GeetaTiwari	073899-00923- geeta_29_tiwari@yahoo.in
3	President	Dr. SwarniataSaraf	094255-22945- swarnlata_saraf@gmail.com
4	Vice President	Dr.ArunaChoubey	093297-20248- acpsygotc@gmail.com
5	Vice President	Dr.Vandana Kumar	094252-07186- vkengrani@gmail.com
6	Secretary	Dr. Smita Sharma	093030-13723- 11moonchoon@gmail.com
7	Joint Secretary	Dr.Divya Sharma	09977703004
8	Joint Secretary	Dr.Chanchal Deep Kaur	09826660819- dr.chanchaldeep@gmail.com
9	Treasurer	DrAbhayaJoglekar	094252-03225- -abha_abhya@yahoo.com

Members in National Governing/ Execution Team with name & Post

National Governing/ Execution Team for the year 2018-19

SNo	Post	Name with Brief Profile	Contact No & email id
1	Vice-President	Dr. SunandaDhenge	094252-07875 skdhenge@gmail.com
2	Executive-Member	Dr. SwarniataSaraf	094255-22945 swarnlata_saraf@gmail.com

ACTIVITIES

Celebration of selected 4 International Day.

(1) International Science Day

- Programs which create interest towards science behind day -today life.
- Importance of basic science , Improve general scientific concepts.
- Contribution of ancient scientists of India.

(2) " International yoga day"

- Programs- physical as well as mental health training camps.

(3) Women's Day celebration -

- Five points- education, health, economic independence, equality, self respect.
- Women's participation in decision making in family and social sphere.

(4) SHAKTI Sthapana Diwas 22March.

- The SHAKTI Prerna Puraskar will be conferred to a woman who has done excellent in her field of work.
- iSHAKTI support will be conferred to a girl who has shown extraordinary merit in the field of education, sports or the finer arts.

Activities of SHAKTI Chhattisgarh Unit (2010-2015)

day, 1st Dec 2010, presentation about AIDS awareness & Prevention was made by eminent city gynecologist Dr.Asha Jain to the high school students at naveen saraswati Girl's School , Purani Basti , Raipur (C.G.) Dr. Aruna Palta, Principal New R.B.Girls' College Raipur graced the function as the chief guest.

2- A counseling center for woman at the clinic of Dr. Vinaya Agnihotri inaugurated by Dr.Usha Dubey, the president of Shakti on 12th Dec, 2010, Dr.Vinaya Agnihotri being the Co-ordinator.

3- An Essay Competition was organized for girls studying in 11th & 12th standard of four different school at Raipur. The subject was "The Aim of My Life" ; following school participated-

- Salem Girl's H.S.School" took part in the essay writing on 15th Dec.2010.
- Naveen Saraswati Girl's H.S.School" wrote the essay on 20th Dec.2010.
- Nivedita Girl's H.S.School" participated on 3rd Jan.2011.
- Maharishi Vidya Mandir H.S.School" took part on 17th Jan.2011.

At every school prize distribution was done to the students securing First, Second and Third Spot in the form of books. Certificate of participation given to all students.

4- The Martyr Day, 30th Jan. 2011 was observed by paying tribute to the Father of the Nation Mahatma Gandhi. Clothes & Sweets were Distributed to Leprosy members of 'SHAKTI'.

5- On 20th Feb. 2011 at New Mathpuraina Colony, Raipur, Advice on Health & Hygiene was given to about 30 women by Dr. Vinaya Agnihotri, Gynecologist and Vicepresident of 'SHAKTI'.

6- The international woman's Day, 8th March 2011, observed by organizing talks by Dr. Usha Dubey, Dr. Vinaya Agnihotri and Dr. Abhaya Joglekar for "woman about the age of 40 years" and advised to a gathering of about 100 women regarding the special health care & diet at the age in collaboration with Maharashtra Mandal, Chaubey Colony, Raipur.

7- Dr. Aruna Chaubey, Vice-president of "SHAKTI" and a professor of psychology provided Counseling to the students between 9th to 12th standard at Maharishi Vidya Mandir H.S.School, Raipur on 29th April 2011.

In the month of Shakti is registered in the name of shakti Mahila Vigyan Bharti Samiti Raipur on 13/06/2011. Reg.No.is 21276

8- Dr. Vinaya Agnihotri, Vice-president of Shakti had delivered a lecture on 'Importance of Breast Feeding' on the girls students of Dr.R.B.Navin Kanya Mahavidyalay, Raipur on 6/08/2011.

9- The programme was organized by NSS wing of the college and Shakti on 10/08/2011 Dr. Agnihotri told the role of mother's diet on the overall development of the child. While interacting with girls.

10- Health awareness shivar conducted by Shakti, in Dhaneli Village, Raipur on 12/10/2011. This programme was organized with the collaboration R.B.Govt.Girls college, Purani Basti, Raipur. This Programme was divided into two sessions-i-discussions with the girls students and another with the village women and children.

Session I- 9:00 AM to 12:00 PM - Dr. Usha Dubey. Dr Sunanda Dhenge, forensic science expert addressed about care in handling Mobile Phone in the Perspective of its misuse by criminal elements and how the student can prevent themselves by taking precautions in using mobile phone and internet. She emphasized that girls should not respond to unknown calls, Should not upload any secret information or photograph etc. Finally Dr. Vinaya Agnihotri provided students an guidelines about health & hygiene.

Session II- 1:00 PM to 4:00 PM A health camp was conducted for village women and children at village-Dhaneli, Block- Dharsiva, Distt- Raipur at the "Anganbadi Kendra No.1" with cooperation from Anganbadi worker Smt. Vasanti Verma At the health camp, Village children, Teenage & college going girls & young women were distributed Iron & Calcium preparations, Blood group of no. of the person was done by Mr. Goswami, the technician from Sanjeevani Diagnostic Centre, Mahoba Bazar, Raipur.

2012

Shakti had organized lectures by their members for the students of Mayaram Govt.H.S.School, and Raipur in month of Jan. - Feb. 2012. Total four lecture were conducted and valuable information were also given to the students by our members the details are follows-

- 1- On 21/01/2012 , Dr. Shashikala Atulkar, Employment officer had focused on career guidance. She had provided information about employment opportunities in the various field to the students. She emphasized on news paper reading habit, acquiring the general knowledge to keeping with day development and intensive studies of their subjects so that they could easily face the challenges in the field.
- 2- On 28/01/2012, incidentally it was Saraswati Pooja and Vasant Panchami - Dr. Roopa Salhotra, prof in Mathmatics had deliverd a talk on Mathmatics and Time Management. She said about to make Mathmatics easy by solving the Mathmatical problems in the morning and fresh mood. also advised to the students about to learn formulas and equation to be memorized by writing them on the study room walls as posters and read them every day. She gave tips to the students about "Time Management and importance of Time Management" in day to day life.
- 3- On 6/02/2012 Dr. Geeta Tiwari ex-Principal Govt.P.G.College Raipur, deliverd a lecture on "How to come out from Examination fear" She advised to the students for regular habits of the studies. She gave a formula of "Murder M-Meaning-understanding" Remember , E-Examine and R-Recall.
- 4- on 13/02/2012 Dr. Dipti Thakur, Prof in physics had explained to the students about how physics works at day to day life and we noticed it also. She tolled about affect of light and sound.
- 5- Dr. Vinaya Agnihotri M.D.(Gynecologist had given talk to Health to the Girls students of D.B. post graduate Girls college, Raipur.C.G.) On 21/03/2012, She had discussed about personal hygiene, mental health and coordination amongst family members.
- 6- Raipura project Coordinator Dr.Sunanda Dhenghe. Health survey was conducted on 15/05/2012 under the leadership of Dr. Swarnlata Saraf. In thes project Dr. Saraf had height, weight, blood pressure, pulse rate of the 100 ladies. And also told about their health that how, they should be cautious about their health. Nearly 60 percet ladies were under weight.

2013

- 1- Health Awareness Shivar Addressed by Shakti, In Shadani Darbar Raipur on 5/11/2013, Monday, Shakti unit of C.G. Raipur represented by Dr. Usha Dubey, Dr. Dipti Thakur, Dr. Roopa Salhotra and Mrs Jyoti Jha along with Dr. Gouri Agrawal Who was herself staying at Sadani Darbar with the students of her College, Raipur were provided useful scientific information's about health and lecture.
- 2- Centre for woman studies Pt.Ravishankar Shukla University and SHAKTI Mahila Vigyan Bharti Samiti, Raipur are jointly organizing a National conference on the them 'Role of Woman in National Development in the new Millennium' during January 10/12/2013 at Pt.Ravishankar Shukla University Raipur. In this confrence we envisage woman role on all aspects of nation building and her balanced role as an administrator, both in home and at work place teachers, reserch scholars, students, lady entrepreneurs, advocates and social activities had participated in the confrence. More then 300 hundred memberse had contributed their work in this three days confrence.
- 3- International Women's Day - International Women's Day 8th March 2013 had celebrated at Raipura Ward Mahadevghat Road Raipur, chief guest - Mananiya Sushri Seeta Ji Mukhaya Prabhari Rastriya Sevika Samiti Nagpur, Chaired by Smt. Manik Hambarde, Prabhari Rashtriya Sevika Samiti Chhatisgarh, Dr. Vinaya Agnihotri, Dr. Sunanda Dhenge, Dr. Geeta Tiwari, Ms Neeta Bajpai, Mrs Chandrakala and Member of Ridhi Sidhi Mahila Mandal. More then two hundred woman people were presented at the function. This function was Jointly organized by SHAKTI and Ridhi Sidhi Mahila Mandal, Raipura. More Then Three hundred woman were participated in the function .
- 4- An Essay Competition was organized for girls studying in the different colleges at Raipur. The sub-

ject was "Importance of Breast feeding " on the eve of Breast Feeding week. From 3/08/2013 to 12/08/2013: following colleges participated-

- i- Arts and Commerce girls college, Devendra Nagar, Raipur-5/08/2013
- ii- Naveen Kanya Mahavidyalay, Purani Basti, Raipur-14/08/2013
- iii- D.B. Girls post graduate college, Raipur-16/08/2013

At every college prize distribution was done to the student securing First, Second and third prize in the form of cash.

iv-Dr. Vinya Agnihorti M.D. Gynecologist had given talk on "Importance of Breast Feeding" in the eve of Breast Feeding week at Chhatisgari Mahila Mandal Amapara, Raipur-3/08/2013

5- Counseling- Shakti had organized lectures for the students of Govt.H.S.School Mahadevghat, Raipur in month of January /31/2014 Total two lectures were conducted and valuable information were also given to the students the details are follows-

- i- Shri Chanmay Choudhari, Asst. Director, Directorate of Employment, Raipur, had delivered a lecture on Career planning.
- ii- Dr. Geeta Tiwari Ex-Principal, Govt.Science College, Raipur had told about how to prepare your self for the Examination.

2014

- 1- National Symposium on 'woman As Leaders, Issues and Concerns' Symposium organized by Centre for woman Studies. Pt Ravishankar Shukla University, Raipur on February-5/07/2014.
 - i- Dr.Usha Dubey had given a talk on role of woman as a lecture in National symposium On February- 5/07/2014.
 - ii- Dr. Sunanda Dhenge and Dr.Usha Dubey both participated in the panel discussion in the symposium on-7/03/2014.
- 2- On 8/March/2014- Centre for Woman studies and SOS IN HIST. had jointly organized International Woman's day. Dr. Usha Dubey and Vinaya Agnihotri had participated in the panel discussion. subject -Woman Prospects in Progress. In the Development of the country.

शक्ति स्थापना दिवस 2014

दिनांक 22 मार्च 2014 को शक्ति महिला विज्ञान भारती समिति के संयोजन से शक्ति स्थापना दिवस का आयोजन किया गया। इस आयोजन का मुख्य उद्देश्य समाजसेवा तथा शिक्षा के क्षेत्र में कार्यरत महिलाओं का सम्मान करना तथा महिलाओं को सामाजिक, बौद्धिक, सांस्कृतिक तथा आर्थिक क्षेत्र में सशक्त बनाने हेतु प्रयास करना है।

इस कार्यक्रम की मुख्य अतिथि डॉ. ईला गुप्ता-मनोचिकित्सक तथा कार्यक्रम की अध्यक्षता श्रीमती शताब्दी सुबोध पाण्डे ने महिलाओं के द्वारा संचालित व्यावसायिक कौशल प्रशिक्षण के संबंध में विस्तार से चर्चा की इसके साथ-साथ उन्होंने बालश्रम उन्मूलन हेतु सुझाव प्रस्तुत किया।

डॉ विनया अग्निहोत्री स्त्री रोग विशेषज्ञ ने महिलाओं के स्वास्थ्य संबंधित समस्याओं तथा उसके निदान की जानकारी प्रदान की। डॉ सुनन्दा ढेंगे सलाहकार न्यायिक विज्ञान विशेषज्ञ ने बढ़ते हुए अपराध के संबंध में चिंता प्रकट करते हुए उसके निवारण की चर्चा की। कार्यक्रम में प्रेरणा

पुरस्कार डॉ ईला गुप्ता को मनोविज्ञान के क्षेत्र में, श्रीमती शताब्दी पाण्डे समाज सेवा के लिए एवं कु. स्मिता जोशी को शिक्षा के लिए प्रदान किया गया। विद्यार्थियों को प्रासांक-पेंटिंग के



आधार पर पुरस्कृत किया गया। स्कूल-वल्लभाचार्य बाल श्रमिक विशेष शाला, सरोना, शिक्षिका- श्रीमती धनपाठी, श्रीमती शारदा मिश्रा, छात्र- श्री उधोयम 98%, श्री हरि गोड़े- पेंटिंग, स्कूल-विवेकानंद बाल श्रमिक विशेष शाला, सरोना, शिक्षिका- श्रीमती निशा गुप्ता, श्रीमती किरण साहू, श्रीमती आशा शुक्ला, छात्र- कु. संतोषी 98%, राहूल- पेंटिंग, स्कूल-लक्ष्मी बाल श्रमिक विशेष शाला, शिक्षिका- श्रीमती रश्मी, छात्र-कु.

फिजा अख्तर 96%, श्री अरविंद पटेल- पेंटिंग, स्कूल-प्रतिभा बाल श्रमिक विशेष शाला, शिक्षिका-श्रीमती सीमा श्रीवास्तव, कु. निर्मला मातरे, छात्र- कु. मंजूषा साहू, श्री केवल मटारिया ये विद्यार्थीगण बाल श्रमिक विशेष शाला के हैं जो पढ़ाई के साथ-साथ पेंटिंग, बस्ता, थैला बनाना, राखी बनाना आदि कौशल का प्रशिक्षण लेते हैं।

Breast Feeding encouragement & awareness to woman and expectant mothers at Govt.D.B.P.G. College Raipur on 8/08/2014, by Dr. Vinaya Agnihotri & Dr. Abhaya Joglekar & Dr. Swarnlata Saraf (Office bearer of SHAKTI) .

Bone Density Measurement Camp at Matrusewa Hospital, Rohinipuram, Raipur on 17/08/2014 attended by more than 50 post menopausal women, organised by Dr. Vinaya Agnihotri .

Bone Density Measurement Camp at Matrusewa Hospital, Rohinipuram, Raipur on 28/09/2014 attended by more than 100 post menopausal women, organised by Dr. Vinaya Agnihotri .

Woman as a leader- Delivered by Dr. Usha Dubey at C.W.S.Pandit Ravishankar Shukla University , Raipur on 03/10/2014.

Woman Harassment Awareness- Lecture delivered by Dr. Sunanda Dhenge at Vipra Mahavidyalay, Raipur on 15/10/2014.

Health tips & gynecology check-up to all age group at Maharashtra Mandal, Chubey Colony, Raipur on 02/11/2014 attended by all age group women & mothers of Maharashtra Mandal, organised by Dr. Vinaya Agnihotri & Dr. Abhaya Joglekar.

Group discussion on Personality Development of woman by Dr. Usha Dubey & Dr. Sunanda Dhenge at C.W.S. Pandit Ravishankar Shukla University, Raipur on 28/11/2014.

AGM for new office bearers of SHAKTI Year 2014-2017, informed to the members on 30/06/2014 and Election took place on 3/08/2014 . The following members were nominated.

- | | |
|---|--|
| (1) President- Dr.Sunanda Dhenge | (2)Vice-President- Dr. Swarnlata Saraf |
| (3) Vice President- Dr. Aruna Choubey | (4)Secretary-Dr. Vinaya Agnihotri |
| (5) Joint Secretary -Smt. Smita Sharma | (6) Joint Secretary- Dr. Vinaya Sharma |
| (7) Treasurer- Dr. Abhaya Joglekar | |
| (8) Executive Members- Dr.Deepti Jha, Dr.Roopa Salhotra, Dr.Aneeta Sareen, Dr.Alka Shrivastav, Smt. Jyoti Jha, Mrs. Chachal Deep Kaur, Dr. Vandana Kumar. | |
| (9) Coordinator-Dr.Usha Dubey, Dr. Geeta Tiwari. | |

2015

- 1- Meeting organised at Mahila Charitra Kosh for Chhattisgarh Unit at Raipur on 23/01/2015 headed by Dr.Sharda Renu, National Co-Coordinator of Mahila Charitra Kosh.

In this meeting, The following points were discussed-

Chhattisgarh is a woman dominating state(next to Kerala in India) the women are working in different sectors of the state, significantly they are contributing in their own field. Self help groups are working efficiently in Chhattisgarh Shushri Shamshed Begum and Smt. Phool Basan Devi got "Padamshree" for their work. Both the persons are working for self help groups . Women are significantly contributing in the field of Medical Science, Scientist, Bureaucrats, Educationist and other professions.

On the above basis following criteria are drawn-

Lecture, Research/Innovation/Scientist, Social Services, Cultural, Medical Science, Educationist, Professionals, Sports, Political Field

Coordinator- Dr. Nirupama Sharma, Ex Principal, President Awarded Teacher

- Members-
- 1)Smt. Manik Humberde, Mahila Prabhari Chhattisgarh (Rss)
 - 2)Dr.Geeta Tiwari, Ex Principal Govt.Science College
 - 3)Dr.Usha Dubey, Ex Professor & Head, Pt.Rs.University
 - 4)Dr.Sunanda Dhenge, Forensic Expert,
 - 5)Dr.Vinaya Agnihotri, Gynecologist
 - 6)Dr.R.N. Mishra, Ex Professor, Pt.R.S.University.

- 2- Shri Chanmay Choudhari, Asst Director, Directorate Of Employment,Raipur, had delivered a lecture on Career Planning. At Govt.H.S.S.School, Raipur, Raipur On 31/01/2015.

- 3- 8/03/2015 International Woman's Day- Dr.Vinaya Agnihotri had delivered a lecture on Health Awareness, Specially to slum dwellers.

4- Shakti Sthapna Diwas- Celebrated with Medical Camp on bone density in the mitrusewa hospital. More than 40 Woman's were examined and Dr. Vinaya Agnihotri had prescribed the Medicines.

April 2015- Bone density camp organised in mitrusewa hospital with follow-up program of previous diagnosed patient

26/05/2015- Meeting organised with Shri Jayant Ji, (Vigyan Bharti). Jayant Ji had discussed the working of Shakti- Chhattisgarh. The following members were present-

Dr. Sanjay Tiwari, Dr.Swarnlata Saraf, Dr.Vinaya Agnihotri, Dr. Abhaya Joglekar, Dr. Smita Sharma, Dr. Usha Dubey.



Counseling centre Inaugurated 12th Dec.2010



Mathpuraina Health & Hygiene Advice 20.02.2011



Women's Day 2011-Gathering of above 40 women



Women's Day 2011

Counseling by Dr. Aruna Chaubey



Students of Maharishi Vidya Mandir



Essay Competition at Maharishi Vidya Mandir
17.1.2011



Essay Competition at Salem Girls School 15.12.2010



World AIDS Day Presentation 1,12,2010



Health & Hyging Talk at Mathpuraina,Raipur 20.2.2011



SHAKTI National
President
Mrs. Sudha Tiwari
in Raipur Annual
General Meeting
2018

Honorable Guest in
National Seminar
2018



SHAKTI ACTIVITIES - YOGA DAY

"International yoga day" program (2016)

Date - 20 june, 2016 Monday,
Venue - M.L.Schroff Hall,
Deptt.of Pharmacy, Pt.Ravishankar University Raipur,
The yoga programme focuses on Pranayam specially.
Impact - Nice
Outcome - Training specialized on bodystretch with pranayam. appreciated by elder participants.

60
people attend-
ed the training
programme



"International yoga day" (2017)

Date - 24 june, 2017, Venue:Sohaga Mandir Brahman Para Raipur,
Trainer- Mrs. Neelu Sharma (Member of CG Yoga Aayog), The yoga programme specially for
house hold working women.
Outcome - Training specialized on bodystretch with pranayam.



70
women
benefited by
attended the
training
program



महिलाओं ने जाना योग का महत्व
संस्था 'शक्ति', विज्ञान भारती व वैदेही मानस महिला मंडल का आयोजन

राष्ट्रीय संस्था 'शक्ति' विज्ञान भारती संस्थान भारती रायपुर इकाई व वैदेही मानस महिला मंडल आयोजन के संयुक्त आयोजन में शुक्रवार को आयोजित योग विशेष सत्राध्यक्ष मंडिर में 'शक्ति' के वैदिक ज्ञान से योग का महत्व विशेष पर संपन्न उपस्थित किया गया। विशेषकर यह आयोजन परिसर अग्रिम महिलाओं में योग आत्मिक विकास पर केन्द्रित रहा। इस अवसर पर मुख्य अतिथि नगर की प्रथम महिला दलित प्रमोद दुबे रही। नगर की प्रमुख योग प्रशिक्षिका नीलू शर्मा ने महिलाओं को योग द्वारा स्वास्थ्य लाभ की विस्तृत जानकारी देकर योग के विभिन्न आयु वर्गों का अभ्यास कराया। दूसरी अतिथिका शक्ति की ओर से आयोजित थी। आयोजित कार्यक्रम, संचालन जेम्स कर्मा, कोषाध्यक्ष डॉ. अरुण जेम्सलेकर, वेदना मोहन एवं वैदेही मानस मंडल की ओर से आयोजित भारतीय शास्त्री, योगशास्त्र, इटाली, रमेश, लता कर्मा, राजेश्वरी, राधा कर्मा, ज्योति शर्मा की प्रशिक्षण सहायिका रही।

Women's Day Celebrations

Women's Day Celebration with remembrance of Sister Nivedita.

Dr. Asha Jain delivered a valuable talk on BhaginiNivedita.

Date - 8 March 2017, Venue - RadhabaiNavinKanya College Raipur.

महिला दिवस पर शक्ति संस्था द्वारा भगिनी निवेदिता पर व्याख्यान



‘भगिनी निवेदिता का जीवन दर्शन’ विषय पर नगर क प्रख्यात स्त्री रोग विशेषज्ञ डा. आशा जैन मुख्य वक्ता थी। । मुख्य अतिथि डा. राधा बाई कन्या महाविद्यालय की प्राचार्या डा.अरूणा पलटा एवं अध्यक्षता ‘शक्ति’ की प्रांत अध्यक्षा डा. स्वर्णलता सराफ द्वारा किया गया। मंच संचालन डां दिप्ती झा द्वारा किया गया एवं कार्यक्रम मे सचिव- श्रीमती स्मिता शर्मा, कोषाध्यक्ष- अभया जोगेलकर, संरक्षिका- डा. गीता तिवारी (पूर्व प्राचार्या), संरक्षिका- मीडिया प्रभारी- श्रीमती भारती शर्मा, अन्य सदस्यगण- डा. अनिता सरीन, डा.ज्योति झा, डा. रूपा सल्होत्रा, वर्दना पटेल उपस्थित रहे। डॉ. स्वर्णलता सराफ द्वारा शक्ति संस्था का परिचय दिया गया और बताया कि यह संस्था महिलाओं को विज्ञान से जोड़ने के लिये प्रयासरत है, रायपुर में शुरुवात डॉ. ऊषा दुबे जी ने किया। देश में ‘शक्ति’ की 22 इकाईयां कार्यरत है। छत्तीसगढ़ में शक्ति महिलाओ हेतु शिक्षा, स्वास्थ्य एवं जागरूकता के प्रोजेक्ट पर कार्य कर रही

है। मुख्य वक्ता आशा जैन ने भगिनी निवेदिता के व्यक्तिगत जीवन पर बात करते हुए बताया कि दुसरे देश की होते हुए भी वह विवेकानन्द जी के कथन और आचरण में एकरूपता से प्रभावित होकर भारत आई और शिक्षा, स्वास्थ्य और राष्ट्र प्रेम के लिए निःस्वार्थ काम किया तथा आगे उन्होंने देश में व्याप्त जाति भेद, ऑनर कोलिंग जैसी समस्या पर चर्चा की और भगिनी निवेदिता से राष्ट्रीयता की भावना सीखने की प्रेरणा दी। डॉ. अरूणा पलटा ने महाविद्यालय की छात्राओं को कार्यक्रम के माध्यम से दी गई जानकारी के लिए साधूवाद दिया तथा भविष्य में इस तरह के कार्यक्रम पुनः करवाने की इच्छा व्यक्त की। शक्ति की संरक्षिका डॉ. गीता तिवारी ने ‘महिला’ शब्द का अर्थ बताते हुये कहा कि आज महिलाओं ने बहुत तरक्की कर ली है परंतु फिर भी महिलाओं की समस्यायें समाज में असंतुलन पैदा कर रही है जिसका मार्ग स्त्रियां अपनी सहनशीलता एवं त्याग से ढूंढ सकने में सफल होंगी।

World's Lungs Cancer Day 31st July 2017

"Tobacco Hazard Awareness Mental Stress Awareness Workshop" in collaboration with Shri Rawatpura Sarkar Institute of Pharmacy, Kumhari, Durg

Presentation By Dr. Mohnish Bhagat, OST, Surgeon, District Health Society"

Speech By : Prof. Swarnlata Saraf, President, Shakti, Raipur

Speaker :- Dr. Shama Hamdani, Clinical Psychologist

Coordinated by: Dr. Chanchal Deep Kaur, Principal, SRIP Kumhari and Joint Secretary Shakti, Raipur and Dr. Smita Sharma, Secretary Shakti, Raipur.



The Workshop started with the presentation by Dr.Mohnish Bhagat, OST, Surgeon, District Health Society, Durgam Lungs Cancer. He focussed on the effect of smoking and other tobacco products on lungs which can lead to Lungs Cancer. He also explained the pathophysiology of Cancer, causative agents and drugs used in treating Cancer. He rationalized how awareness and routine life checkup can lead to healthy life.

Dr. Shama Hamdani, Clinical Psychologist, acquainted students with importance of mental well being. She delivered lecture on Mental Illness and need of counselor in today's stressful life. She explained the impact of tobacco consumption and its disadvantages in youngsters and adults.

Women's Day celebration with remembrance of Sister Nivedita.On the occasion of 150th anniversary 2018

organized oral quiz and objective test on Sister Nivedita and her life history for awareness of her devotion for India.



Academy for Civil Services, Sharda Chowk



Shri Rawatpura institute of Pharmacy, Kumhari



Dr.Radha Bai College, Purani Basti, Raipur



GIRLS HOSTEL PT. RSU, RAIPUR

GURUKUL GIRLS COLLEGE, KALIBADI, RAIPUR

Shakti Sthapana Diwas 22 March



Date - 26 March 2017

Dr. ManishaKhaladkar Pune Shakti was our Guest. It was a pleasant moment of us to Honour her for her space mission work.



On the day unit awarded "StriShakti Award" to Manik Tai Hambarde for her Social work.

She is giving her service to Rastra SevikaSamiti as "Prantkaryawahika" Now She is paying her valuable service in a girls hostel "Yashshwani" for the Girls of Naxlite Area . Involve in many programme of "Vanvashikalyan Ashram " . and many more...

We salute her.



Shakti Sthapana Diwas 22March (2018)



This occasion was graced by the presence of Vice Chancellor of Pt. Ravishankar University, Prof. Kesari Lal Verma, Vice Chancellor of Durg University, Prof. Shailendra Saraf, Shree Vivek Saxena, OSD CMHouse CG and Ex. Sangathan Mantri, Akhil Bhartiya Vidyarthi Parishad, Dr. Asha Jain, renowned Gynecologist and Orator, SHAKTI Coordinator Prof. Geeta Tiwari and SHAKTI members. It was a prideful moment for the unit as we celebrated closing event of project "The Energy Conservation Awareness Program"

in association with CREDA (Chhattisgarh Renewable Energy sources Development Agency) as well. Executive Engineer, Mr. Amitabh Sharma and Project Coordinator, Mr. Kushal Tiwari, CREDA were present in the program. They were honored on the behalf of all the speakers involved in our project of lecture series.

On this occasion, Certificates for all the competition of the session 2017-2018 were also distributed.



Shakti Sthapana Diwas 22March (2018) MANJU JHA

Date - 9 May 2018, Based on Theme of YOGA

Dr. Manju Jha Yoga Instructor in NITRaipur, Director- Mritunjaya Yoga centre, was honoured as 'STREE PRERNA' Award for her innovative yogasans, personalized treatments by yoga and valuable services to society.

● MANJU JHA

- Motivated Yoga instructor and founder of Mrityunjay Yoga institute, located in Raipur Chhattisgarh. Expertise in Hatha Yoga and working holistically to spread the knowledge of Yoga through various workshops and yoga campaigns.

● Work History

- March 2014-Feb 2017: Assistant Yoga Professor at Pandit Ravi Shankar Shukla University
- Feb 2016- Present: Professor of Yoga at National Institute of Technology, Raipur.
- Feb 2009 - Founded Mrityunjay Yoga institute (affiliated to Chhattisgarh Yoga Association).

● Certification

- Gold Medalist in Yoga and Philosophy. ● Winner of All India Yog Sports Championship.
- Got Awarded by Women's Era on International women's Day.
- Received certificate from Chhattisgarh Yog Sports Association for passing referee exam.
- Paper on Pranayama and Anatomy got published in book 'Corporate Skills for Engineers', published by Lambert Publication.
- Participated in 'Therapeutic Value of Yoga' program organised by Vipra Arts, Commerce and Physical Education College and presented paper on 'Effect of Nadi Shodhan Pranayama on selected Asthametic Patients.'

● Recognition

- Special Story done by ABP News, highlighting the contribution in the field of Yoga.
- Coverage done by many local newspapers and TV channels including The Hitvada and Dainik Bhaskar.
- Appeared as Guest of Honour and delivered lecture on Yoga on the occasion of International Yoga Day at College of Veterinary Science and A.H., Kamdhenu University, Chhattisgarh.
- Delivered speech as Guest of Honour on Pranayama at Agrasena College.
- Appeared as guest faculty at NIT Raipur and presented paper on 'Women's body and importance of Yoga'.
- Appeared as Guest Speaker in All India Radio's Program and talked on topic 'Yog se paaye nirogi kaya'.

● Social Work

- Conducted 91 free Yoga sessions in Chhattisgarh and other states.
- Have conducted Yoga workshops in different Nagar Nigam Zones.
- Conducted free Yoga sessions for slum kids and old age people.
- Solve people's problem from through social media.
- Conducted Yoga session at Bangkok and explained about the value and importance of Yoga.
- Teach free of cost Yoga to differently abled people from last fourteen years.
- Took Yoga sessions at Spic Macay Program in Kota Rajasthan.
- Conducted three day Yoga session at Aadharshila Vidya Mandir, Bilaspur.

● Education

- 2008-2010- M.A in History from Pandit Ravi Shankar Shukla University
- 2010-2012 - M.A in applied Philosophy and Yoga from Pandit Ravi Shankar Shukla University
- 2013-2015- M.Phil in Yoga and Philosophy from Pandit Ravi Shankar Shukla University



Miss Varsha Tiwari was awarded by 'iSHAKTI' Award for her international



national and state level excellent performance in yoga and training program in rural areas.

- international level yoga championship at Kathmandu, Nepal
- Honoured by Mr. Gauri Shankar Agrawal, Vidhanasabha President, CG
- Honoured by Hindu Bramhin Samaz, CG
- international level yoga championship at Kathmandu, Nepal
- Honoured by Mr. Gauri Shankar Agrawal, Vidhanasabha President, CG
- Honoured by Hindu Bramhin Samaz, CG
- Name- Varsha Tiwari
- Born on- 20-June-1994
- Place Kasdol Dist- Balodabazar (C.G.)
- Education- B.Sc. (C.S.) Science College Raipur C.G.
P.G. Diploma in Yoga Education and Philosophy Pt. Ravishankar University Raipur C.G.
- Yoga Instructor- Kendriya Vidyalaya No. 2 Raipur
- Awards & Achievement
- District level kho-kho player
- State Level Dance
- Got 2 bronze Medals at state level yoga championship at MM College Raipur, C.G.
- Got 1 gold Medal at national level yoga championship at St. Xavier's School Indore, M.P.
- international level yoga championship at Kathmandu, Nepal
- Honoured by Mr. Gauri Shankar Agrawal, Vidhanasabha President, CG
- Honoured by Hindu Bramhin Samaz, CG ● We salute her.

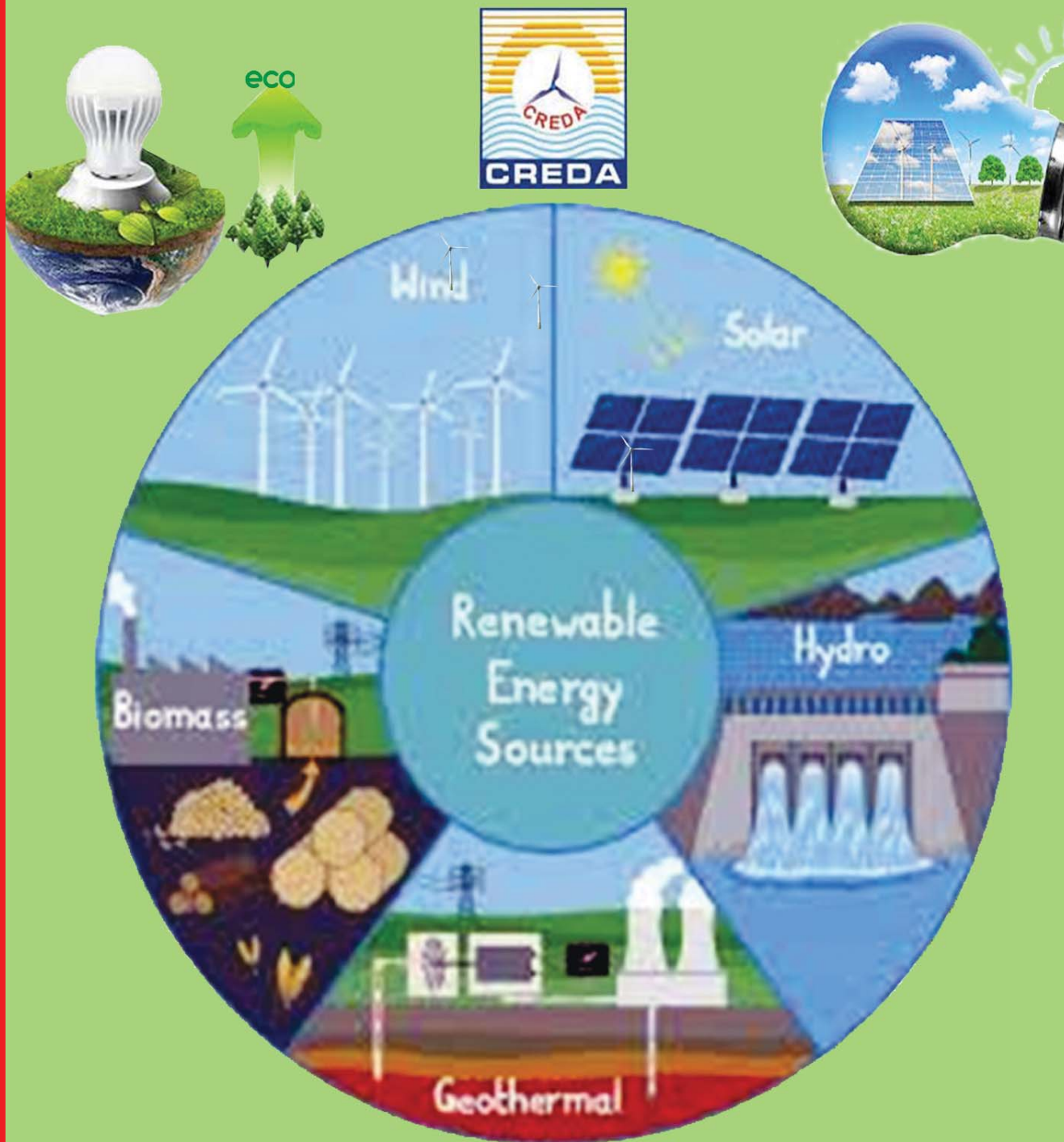
This occasion was graced by the presence of Vice Chancellor of Pt. Ravishankar University, Prof. Kesari Lal Verma, Vice Chancellor of Durg University, Prof. Shailendra Saraf, Shree Vivek Saxena, OSD CM House, CG and Ex. Sangathan Mantri, Akhil Bhartiya Vidyarthi Parishad, Dr. Asha Jain, renowned Gynecologist and Orator, SHAKTI Coordinator Prof. Geeta Tiwari and SHAKTI members. It was a prideful moment for the unit as we celebrated the closing event of project "The Energy Conservation Awareness Program" in association with CREDA (Chhattisgarh Renewable Energy sources Development Agency) as well. Executive Engineer, Mr. Amitabh Sharma and Project Coordinator, Mr. Kushal Tiwari, CREDA were present in the program. They were honored on the behalf of all the speakers involved in our project of lecture series.

On this occasion, Certificates for all the competition of the session 2017-2018 were also distributed.



“Energy Conservation awareness Program : CREDA”

Chhattisgarh Renewable Energy Development
Agency (CREDA)Raipur



ANNEXURE NO - 2
Project Progress Report
" The Energy Conservation Awareness Program"
Submitted to Chhattisgarh Renewable
Energy Development Agency (CREDA) Raipur

SHAKTI Raipur unit organized a series of 18 lectures on various aspects of energy conservation by the experts and engineers from CREDA

CREDA Sponsored "The Energy Conservation Awareness Program"

Organized By Shakti Raipur Unit

Details of Lectures

S.No.	Lectures	Title	Venue
1.	Lec.-1	Energy Conservation and Science behind Energy efficient technologies	Navin Kanya Hostel, Pt Ravi Shankar Shukla University, Raipur
2.	Lec.-2	Energy savings Equipment in our day to day life	Shiom academy ,Changora Bhata Raipur
3.	Lec.-3	Energy Conservation and Solar Energy	Shri Rawatpura Sarkar Institute of Pharmacy, Kumhari
4.	Lec.-4	Energy Conservation in our day to day life	K8 Nishant Vidyalya, Near Anupam Nagar
5.	Lec.-5	Energy Conservation in our day to day life	Sohaga Mandir Brahman Para, Azad Chowk, Raipur
6.	Lec.-6	Renewable Energy Sources and Solar Energy	Central Libray, Nagar Palika, Raipur
7.	Lec.-7	Energy Conservation and Renewable Energy Sources	Path IAS Academy
8.	Lec.-8	Energy Conservation and Solar Energy	UIOP, Pt Ravi Shankar Shukla University, Raipur
9.	Lec.-9	Renewable Energy Sources and Solar Energy	Girls Hostel , Pt Ravi Shankar Shukla University, Raipur
10.	Lec.-10	Role of Renewable Energy Sources in Energy Conservation"	Gurukul Girls College, Kalibadi, Raipur
11.	Lec.-11	Energy Conservation and Renewable Energy Sources	Department of Basic Science , Pt Ravi Shankar Shukla University, Raipur
12.	Lec.-12	"Role of Renewable Energy Sources in Energy Conservation"	Shri Rawatpura Sarkar Institute of Pharmacy, Kumhari
13.	Lec.-13	Energy Conservation and Solar Energy	Pharmacy dept. Pt. Ravishankar Shukla University, Raipur
14.	Lec.-14	Renewable Energy Sources and Solar Energy	Avasar Acadamy, Sharda Chouk Raipur
15.	Lec.-15	Energy Conservation in our day to day life	Central Libray, Nagar Palika, Raipur
16.	Lec.-16	Energy Conservation in our day to day life	Gurukul Girls College, Kalibadi, Raipur
17.	Lec.-17	Energy Conservation and Science behind Energy efficient technologies	Shri Rawatpura Sarkar Institute of Pharmacy, Kumhari
18.	Lec.-18	Energy Conservation and Science behind Energy efficient technologies	Central Libray, Nagar Palika, Raipur

List of Speakers Delivered the Lectures

Dr. Sanjiva Tiwari Proff. SOS Physics Pt. RSU Raipur& President Vigyan Bharti Raipur.

Mr. Rajeev Gyani Executive Engineer -CREDA

Mr. Amitabh Sharma Executive Engineer -CREDA

Mr. Shashank Singh Executive Engineer -CREDA

Mr. Samrat Kundu Project Coordinator CREDA

Mr. Nihar Ranjan Sahu Project Coordinator CREDA

Mr. Kushal Tiwari Project Coordinator CREDA

Survey conducted for Energy Conservation Awareness among the audience in each lecture by the help of specific questionnaire.

Set -1 (Middle and Higher Education)

Set -2 (Primary Education)

Set-3 (Illiterates)

ENERGY AWARENESS QUESTIONNAIRE

"Saving energy...saving our future"

For Individual Respondent

1.1	Name of the Respondent	
1.2	Name of the District and Code	
1.3	Address and Contact Details of the Respondent	Postal Address Phone (with STD Code): Mobile: Email (if any):
1.4	Locality	1. Urban 2. Rural
1.5	Category of Respondent	1. Domestic 2. Commercial 3. Agriculture 4. Industrial 5. Any other, please specify _____
1.6	Gender of the Respondent	1. Male 2. Female
1.7	Literacy Status of the Respondent	1. Uneducated 2. Educated but below high school 3. High school or above but below graduation 4. Well qualified (Diploma, Masters, etc.)



Dr. Shailendra Shukla
Ex. President CREDA

- At the moment we are being presented with a picture that we are living in an energy crisis. Do you think this so?
a) Yes
b) No
- Do you think that energy saving is important to you?
a) Yes
b) No
- Have you ever had an opportunity to reduce energy use at home?
a) Yes
b) No
- If you had to monitor the use of energy at home, do you think it would help you to become more aware about the importance of energy saving?
a) Yes
b) No
- Are you aware of ways of saving energy? Tick as many as are relevant to you?
a) I'm aware of many ways
b) I'm aware of 3-4 ways of saving energy
c) I'm aware of some basic ways of saving energy
d) I'm not aware of any ways of saving energy
- Do you practice energy saving techniques at home?
a) Yes
b) No
- If yes, so tick as many as are relevant to you
a) I use energy saving bulbs
b) I turn off lights and control that equipment is turned off before I go home
c) I use energy saving appliances
d) I try to change my daily habits to save energy
- What would motivate you to change your behavior to reduce the energy use? Tick as many as are relevant to you -
a) Still increasing cost of it
b) Environmental reasons
c) Public relations
- What is your general attitude to energy saving? Tick one possibility
a) Positive
b) Positive and aware
c) Neutral
d) Negative
- Would you be interested in participating in energy saving activities in the future?
a) Yes
b) No

- Would you be interested in participating in energy awareness campaign in the future?
a) Yes
b) No
- Do you use the ways of saving energy outside your home, for example at school, at work, at relatives home, at your friends homes?
a) Always
b) Usually
c) Sometimes
d) Rarely
e) Never
- Do you face any of the following supply related issues?
a) Frequent power cut
b) Voltage fluctuation
c) Both
d) None of the above
- During which part of the day do such problems occur?
a) Morning
b) Afternoon
c) Evening
d) Night
e) There is no definite time / persistent but irregular
- What electrical equipments have you installed at your place to deal with the problem of voltage fluctuation?
a) Voltage Stabilizer
b) Inverter
c) Any other, please specify _____
- Do you know that you can reduce your electricity bill by using energy efficient appliances such as compact fluorescent lamp (CFL) lights, energy-efficient pump sets etc.?
a) No
b) Yes
- Do you think that use of energy efficient equipment which consumes less electricity can help in addressing the problem of power cuts?
a) No
b) Yes
- If "Yes", have you started using energy efficient equipment?
a) No
b) Yes
- If "No", then what are the reasons for not using energy efficient equipment?

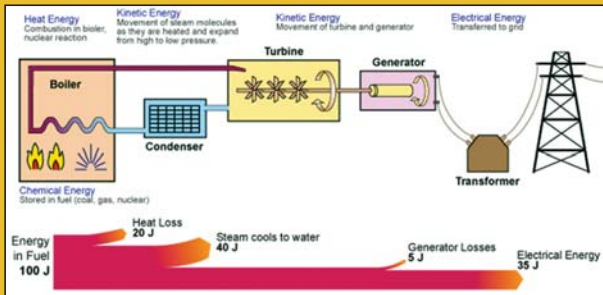
- Not available
b) Equipment cost is very high
c) Product quality is not very good/reliable
d) After sales service is not available/reliable
e) Not aware from where I can purchase it
f) Not sure about its benefits
g) Any other, please specify _____
- How do you identify energy efficient products?
a) Star Rating
b) BEE labeling
c) Don't know
d) Any other, please specify _____
- Does your household have energy efficient products?
a) No
b) Yes
- Point out at least one activity in your school campus for saving of energy/reduce electricity consumption _____
- What is the full form of LED in case of lighting?
a) Light Expanding Diffuser
b) Light Extraction Device
c) Light Emitting Diode
- Caulking your windows and doors is the easiest way to save energy
a) True
b) False
- What is meant by BEE Stars on appliances?
a) More the Stars, More Good Looking
b) More the Stars, More the Savings
c) More the Stars, Less Savings
d) More the Stars, More the Power Consumption
- Which of the following energy sources is considered non-renewable?
a) Fossil Fuel
b) Solar Energy
c) Geothermal Energy
d) Wind Energy
- What is the leading source of energy used in India today?
a) Coal
b) Oil Resources
c) Natural Gas
d) Nuclear Power
- What electronic device consumes the most power when in Standby mode?
a) TV
b) Multifunction Printer
c) Laptop computer
d) PVR with Personal Playback Box

- Not available
b) Equipment cost is very high
c) Product quality is not very good/reliable
d) After sales service is not available/reliable
e) Not aware from where I can purchase it
f) Not sure about its benefits
g) Any other, please specify _____
- How do you identify energy efficient products?
a) Star Rating
b) BEE labeling
c) Don't know
d) Any other, please specify _____
- Does your household have energy efficient products?
a) No
b) Yes

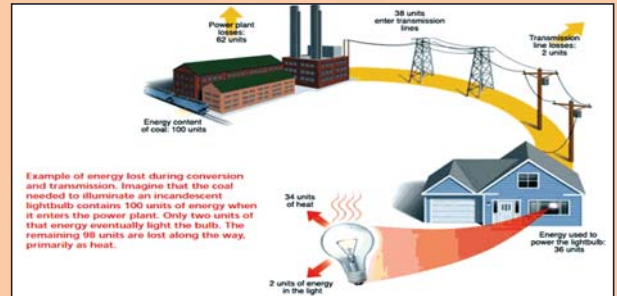
Questionnaires were filled by about 1500 students from different institutes and are being analyzed under some parameters. SHAKTI will provide the results of this valuable survey to CREDA in some time, which can turn out to be a great resource for further plans by CREDA.

ENERGY CONSERVATION & RENEWABLE ENERGY SOURCES

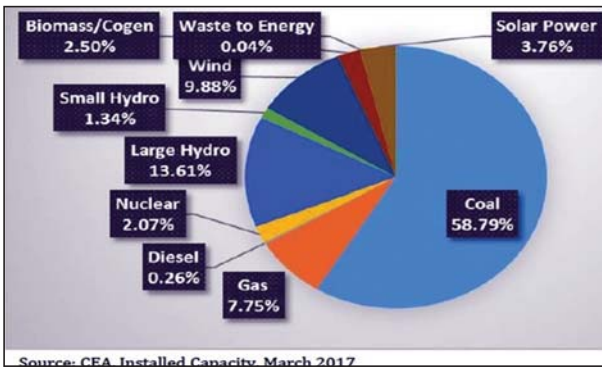
ENERGY LOSS IN GENERATING STATION



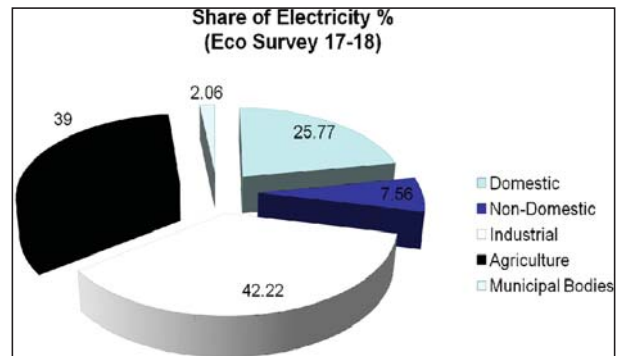
ENERGY LOSS DURING TRANSMISSION & DISTRIBUTION



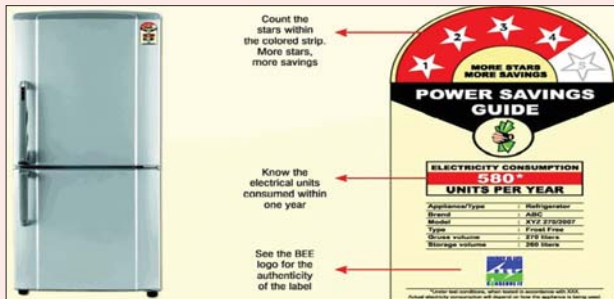
SOURCES OF INSTALLED CAPACITY (As on Mar'2017)



ENERGY SCENARIO IN CG



ENERGY EFFICIENCY FOR DOMESTIC CONSUMERS (STAR LABELING PROGRAMME)



हमारे पास पृथ्वी पर उपलब्ध सीमित संसाधन (resources) हैं **हमारी मागें दिन-प्रतिदिन लगातार बढ़ रही हैं**

यह संभव है कि किसी दिन अधिकांश गैर-अक्षय संसाधन समाप्त हो जाएंगे और हमें वैकल्पिक ऊर्जा पर निर्भर करना होगा।

- लाभ-
1. जब हम ऊर्जा बचाते हैं तो हम अपने पैसे बचाते हैं।
 2. जब हम ऊर्जा बचाते हैं तो हम प्रदूषण को कम करते हैं।
 3. जब हम ऊर्जा बचाते हैं तो हम अपनी ऊर्जा बचाते हैं।

हम ऊर्जा कैसे बचा सकते हैं?

सभी विद्युत और इलेक्ट्रॉनिक्स उपकरणों को बंद करें, जो उपयोग में नहीं हैं। न केवल उन्हें बंद करें, लेकिन उन्हें अनप्लग करने का प्रयास करें। आपको आश्चर्य होगा कि आप इस सरल कदम से कितना बचत करेंगे!

ऊर्जा की बचत - एलईडी बल्ब और ट्यूब लाइट्स के साथ पुरानी लाईटबलब, ट्यूब लाइट) बदलें। वे अधिक खर्च कर सकते हैं, लेकिन लंबे समय में आप और अधिक बचा पाएंगे।

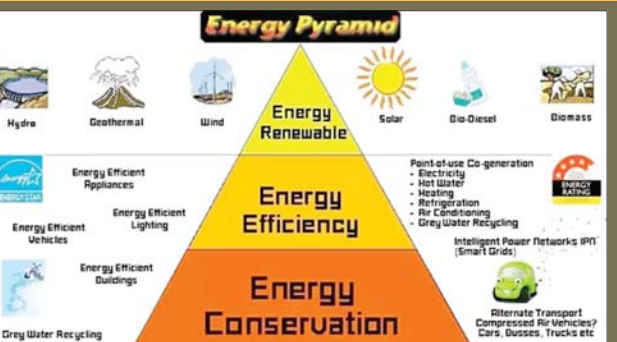
कुछ चीजें जो घर पर करें

1. हमें लाईट को अनावश्यक रूप से स्विच ऑन चालू नहीं रखना चाहिए।
2. स्टार रेटिंग उपकरण का उपयोग करके ऊर्जा का उपभोग कम करें।
3. ऊर्जा लागत को कम करने के लिए अपने जल तापक water heating दक्षता में सुधार करें।



सार्वजनिक स्थानों पर करने की बातें

1. बस टर्मिनल और रेलवे स्टेशन जैसे स्थानों पर पंखा और लाईट बंद करें, जब आवश्यक न हो।



Generation from Conventional & RE Sources

	Total Generation (BU)	Conventional Sources (BU)	Growth in Conventional (%)	Renewable Sources (BU)	Growth in Renewables (%)	Conventional share in total %	Renewable share in total %
2014-15	1110.45	1048.67	*	61.78	*	94.44	*
2015-16	1173.65	1107.82	5.64	65.78	6.47	94.39	5.61
2016-17	1242.01	1160.14	4.72	81.88	24.47	93.41	6.59

Source: WISE, 2017 (compiled from CEA reports and Ministry of Power website)

"Energy Conservation And Its Scientific Basis"

Speaker-	Rajeev Gyani Executive Engineer -CREDA
Venue -	University Girls hostel, Pt. Ravishankar Shukla University.Raipur
No. of attendees -	100 People.
Impact -	Girls learnt how to save the energy in day today life. Filled questionnaire and took feedback.
Outcome -	Hostel Warden showed there interest in such knowledge based program



Energy saving equipments in our daily life

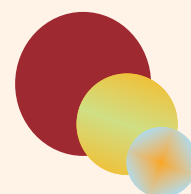
Speaker:	Dr. Sanjeev Tiwari Proff. SOS Physics Pt. RSU Raipur& President Vigyan Bharti Raipur.	
Venue -	Shiom Academy Changora Bhata Road	
No. of attendees-	150 people attended the lecture	
Impact -	Participants were students of 11 and 12.They filled a questionnaire, fruitful interaction to satisfy their curiosity.	
Outcome -	School management appreciated and interested for further informative lectures.	

Energy Conservation and Solar Energy.

Date -	2 Feb .2017	
Speaker:	Rajeev Gyani Ji ExecutiveEngineer -CREDA	
Venue;	Shri Rawatpra Sarkar Institute of Pharmacy,Kumhari , Durg C.G.	
No. of attendees	250 people attended the lecture.	
Impact-	College Studentswere participants.They enquired about Solar energy based home appliances.Fruitful interactions. They filled questionire,	
Outcome -	School man-agement appreciated and inter-ested for further informative lectures.	

Energy Conservation in our day to day life

- Venue - K8 Nishant Vidyalya, Near Anupam Nagar .
- Speaker: Project Coordinator CREDA- Mr.KushalTiwari
This school catering the need of education of childrens of slum area.
Shakti team Raipur organized awareness programme in this school to aware slum area kids.
- Impact - Participants were students of class 3rd to 5th. They filled a questionire,Well answered the oral questions..Unit distributed copy pencils and biscuits among children.
- Outcome - School students were very attentive, and participating.



"Role of Renewable Energy Sources in Energy Conserveation"

Speaker: Mr. KushalTiwari, Project Coordinator, CREDA



Shakti, Raipur Unit in cooperation with CREDA organised Guest Lecture at SRIP Kumhari on 17th April,2018 . Shri Kushal Tiwari, Project Coordinator, CREDA gave delibration on " Role of Renewable Energy Sources in Energy Conserveation". Shri Kushal Tiwari emphasized on use of renewable sources of energy before the earth get depleted of fossil fuels. He informed about the various forms of renewable energy sources such as hydropower, wind energy, solar energy, biomass energy and geothermal energy. He explained how to avoid wastage of energy by using products of standard marking by Bureau of Energy Efficiency like LED etc. and also avoid undue consumption by keeping switch off plugs when not in use.

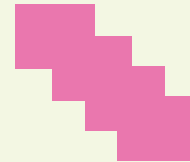
Professor Swarnalata Saraf President, Shakti Raipur Unit, Dr.Smita Sharma Secretary Shakti Raipur Unit and Dr Chanchal Deep Kaur, Joint Secretary,

Shakti Raipur Unit graced the occasion and motivated girls and women to excel in their respective fields.

Dr. J.K.Upadhyay Vice Chairman SRGOI, Shri B.N.Pandey, Director SRGOI, Kumhari encouraged the students to utilize such activities maximally.

Department of Basic Science, Pt Ravi Shankar Shukla University, Raipur

By: Mr. Samarat Kundu , Project Coordinator, CREDA



Pharmacy dept.
Pt. Ravishankar
Shukla University
Raipur



Path IAS Academy, Civil Lines, Raipur



PATH IAS ACADEMY CIVIL LINES, RAIPUR



Central Library, Nagar Palika, Raipur



Sohaga
Mandir
Brahman
Para,
Azad
Chowk
Raipur



Gurukul
Girls
College,
Kalibadi,
Raipur



New Active Members of SHAKTI

SHAKTI....

Shakti is a creative movement for women initiated by Vignesh Bharati recognizes the importance of women in the society and in progress of the nation and aims to bring together to awaken their potential and enhance their perceptions of the social, economic, cultural and intellectual aspects of life through involvement with the scientific fraternity to formulate beneficial mechanisms for the betterment of mankind.

OBJECTIVES

- To enable women to feel empowered and inspired to live their best lives and achieve their highest level of wellness.
- To aware themselves for their intrinsic qualities that can be helpful in nation building.
- To aware the importance of culture and traditions to improve wellness.
- Importance of women's health for their wellness

THEME OF SEMINAR

- To encourage women to make themselves priority and practice simple wellness ideas to improve their overall well being.
- To enhance the capability of women to look after the normal health and health education.
- To encourage and support activities to integrate traditional and modern systems of health care and improve their wellness. The basic culture of the region implies a lot on complete wellness of the women.
- The wellness of the women makes family happy and prosperous and ultimately the society
- To provide a platform for sharing the views and knowledge.

Dr. Shankar V. Tatwawadi Ji
CHIEF PATRON
Chief Mentor, VIBHA
Nagpur

Prof. Keshari Lal Verma
PATRON
Vice Chancellor,
Pt. Ravishankar Shukla University,
Raipur

Prof. Kallol Ghosh
COORDINATOR
Outreach Centre
Pt. Ravishankar Shukla University,
Raipur, Chhattisgarh

Prof. Swarnlata Saraf
COORDINATOR
Pt. Ravishankar Shukla University,
Raipur, Chhattisgarh
President, SHAKTI, Raipur



संस्कृति विभाग छत्तीसगढ़ शासन

CULTURE DEPARTMENT CHHATTISGARH STATE



OUTREACH CENTRE PT. RAVISHANKAR SHUKLA UNIVERSITY, RAIPUR

Sponsored
Two days National Seminar on
"Women's wellness : Impact of
health and Culture"
28th-29th July 2018



A National Movement for Women
Reg. No. : ER-29404
URL: shaktimovement.org.in

Organized by
SHAKTI, Raipur
Chhattisgarh

संस्कृति विभाग छत्तीसगढ़ शासन

SHAKTI CHHATTISGARH

Cordially invites you to the Inaugural Function of
CULTURE DEPARTMENT CHHATTISGARH STATE &
PT. RAVISHANKAR SHUKLA UNIVERSITY, RAIPUR

Sponsored
Two days National Seminar on
"Women's wellness : Impact of health and Culture"
On 28th July 2018 at 11.00 am

Chief Guest

Dr. S.V. Tatwawadi Ji
Chief Mentor VIBHA, Nagpur

Guest of Honor
Dr. A. K. Dabke
Ex-Vice Chancellor,
Ayush University, Raipur

Guest of Honor
Prof. Shailendra Saraf
Vice-Chancellor,
Durg University, Durg

Guest of Honor
Shri Rahul Singh
Deputy Director,
Culture Department, Chhattisgarh

Guest of Honor
Shri Vivek Saxena Ji
OSD CM, Chhattisgarh

Prof. Swarnlata Saraf
Co-ordinator, PRSU
Professor, UOP
Pt. Ravishankar Shukla University,
Raipur
President, SHAKTI, Raipur

Dr. Sandeep Vannatre
Registrar
Pt. Ravishankar Shukla
University, Raipur

Prof. Kallol Ghosh
Co-ordinator
Outreach Center
Pt. Ravishankar Shukla
University, Raipur

Venue: M.L. Shroff Hall, University Institute of Pharmacy,
Pt. Ravishankar Shukla University, Raipur, Chhattisgarh

संस्कृति विभाग छत्तीसगढ़ शासन

Contact person
Prof. Swarnlata Saraf
President, Shakti, Raipur
Professor, University Institute of
Pharmacy, Pt. Ravishankar Shukla
University Raipur, C.G.

Phone No:
09425522945; 093030-13723
7587776754, 09826660819
E-mail:
swarnlatasaraf@gmail.com
shaktichhattisgarh@gmail.com



**SHAKTI MAHILA VIGYAN BHARATI
SAMITI, RAIPUR, CHHATTISGARH**
Reg. No. 21276
Office-Gurukul, Azad Chowk, Raipur (C.G.),
492001 Mo. 7587776754
E-mail-shaktichhattisgarh@gmail.com

Two days National Seminar on
"Women's wellness : Impact of
health and Culture"
28th-29th July 2018

Registration Form

(Please Fill All In capitals)

Name

Designation

Qualification and specialization.....

Age

Sex

Experience

Organization

Mailing Address

Mob:

Email (essential)

Accommodation required YES/NO

Signature and Date.....

* No Registration Fee will be charged
from the registered delegates

Venue:

M.L. Shroff Hall
University Institute of Pharmacy,
Pt. Ravishankar Shukla University, Raipur,
Chhattisgarh

Founder Shakti, Chhattisgarh

Dr. Usha Dubey

National Executive Members

Dr. Sunanda Denge

Dr. Swarnlata Saraf

Shakti Office Bearers

Patron

Dr. Geeta Tiwari

President

Dr. Swarnlata Saraf

Vice President

Dr. Aruna Choubey

Dr. Vandana Kumar

Secretary

Dr. Smita Sharma

Joint Secretary

Dr. Chanchal Deep Kaur

Joint Secretary

Dr. Divya Sharma

Treasurer

Dr. Abhaya Joglekar

संस्कृति विभाग छत्तीसगढ़ शासन

SHAKTI CHHATTISGARH

Cordially invites you to the Valedictory Function of
CULTURE DEPARTMENT CHHATTISGARH STATE &
PT. RAVISHANKAR SHUKLA UNIVERSITY, RAIPUR

Sponsored
Two days National Seminar on
"Women's wellness : Impact of health and Culture"
On 29th July 2018 at 12.30 pm

Chief Guest

Prof. Keshari Lal Verma
Vice Chancellor,
Pt. Ravishankar Shukla
University, Raipur

Guest of Honor
Mrs. Harshita Pandey
Chairperson
Chhattisgarh State Women's Commission

Guest of Honor
Shri Shashank Sharma
Director
Hindi Granth Academy
Chhattisgarh

Prof. Swarnlata Saraf
Co-ordinator, PRSU
Professor, UOP
Pt. Ravishankar Shukla University,
Raipur
President, SHAKTI, Raipur

Dr. Sandeep Vannatre
Registrar
Pt. Ravishankar Shukla
University, Raipur

Prof. Kallol Ghosh
Co-ordinator
Outreach Center
Pt. Ravishankar Shukla
University, Raipur

Venue: M.L. Shroff Hall, University Institute of Pharmacy,
Pt. Ravishankar Shukla University, Raipur, Chhattisgarh



SHAKTI

A National Movement for Women

Reg. No. 21276
SHAKTI MAHILA VIGYAN BHARATI SAMITI RAIPUR
Office-Gurukul, Azad Chowk, Raipur (C.G.), 492001
E-mail-shaktichhattisgarh@gmail.com



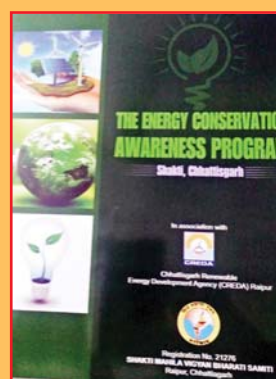
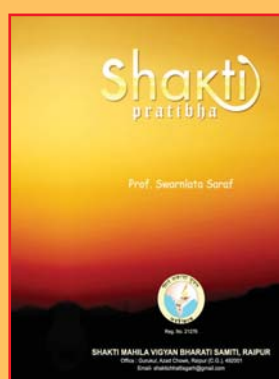
Inaugural Programs



Inaugural Programs



BOOK -RELEASING EVENTS



Lecture
Sessions
in
Seminar

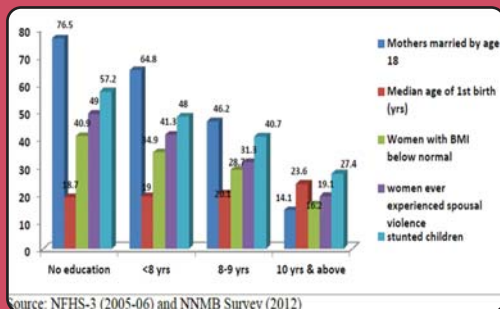


KEYNOTE - LECTURES

WELLNESS IN INDIAN WOMEN HEALTH PRESPECTIVE

A. K. Dabke

Women's education and trend in factors and stunting in children



Indian female:

- demographic consequences of women
- Female infanticide
- Higher death rate
- Low literacy level
- Lower level of employment as compared to men
- HIDDEN HUNGER
- Intake of all food accept vegetable is less in females
- Micronutrient deficiency is higher

Food and nutrition security are intimately interconnected, since only a food based approach can help in overcoming malnutrition in an economically and socially sustainable manner. Food production provides the base for food security as it is a key determinant of food availability.

M.S. Swaminathan and R.V. Bhavani (2013) Indian J Med Res. 138(3): 383–391.

- Small intervention 10-18yr. old girls should be highest priority correct in nutrition, anemia, give education.
- Healthy mother, motivated.
- Healthy child and society.

THE QUALITY OF LIFE OF WOMEN

DR. REETA VENUGOPAL, PROF & HEAD

- SCHOOL OF STUDIES IN PHYSICAL EDUCATION,
- PT. RAVISHANKAR SHUKLA UNIVERSITY, RAIPUR, CHHATTISGARH

Cancer....

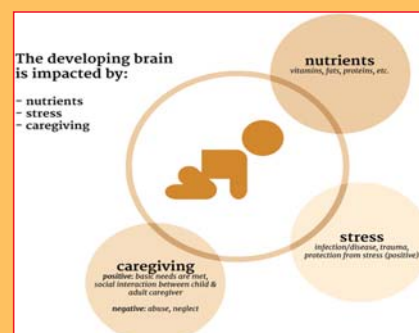
- Among postmenopausal women, those who reported being engaged in regular strenuous physical activity at age 35 year had a 14% decreased rate of breast cancer.
- Emerging research suggests that exercise elevates the quality of life and physical well-being of persons being treated for cancer.

Conclusion....

- Physical activity can enhance the health and well-being of women.
- Inactivity in the current generation of women will yield a substantial burden of disease in future.

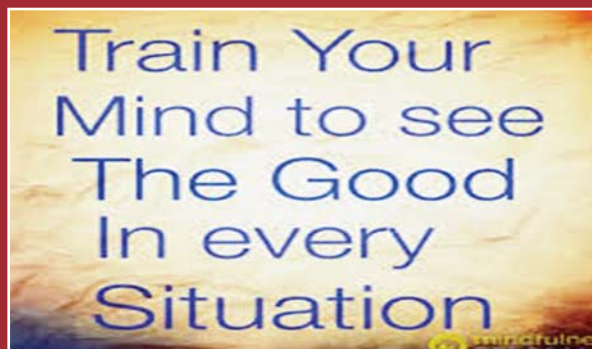
Take Home Message

- Women deserve and need to be healthy and should avail all the opportunities for the same.



Psychology and Wellness

Dr. Meeta Jha



Women Wellbeing : Impact of Mental Health

Dr. Meenakshi Sinha

Additional Professor, Department of Physiology, AIIMS, Raipur (C.G.)



Wellness: What is it?

- Harmony of body & mind
- Well balanced nutritional diet
- Physical fitness
- Lifestyle & stress management

Total Wellness is...

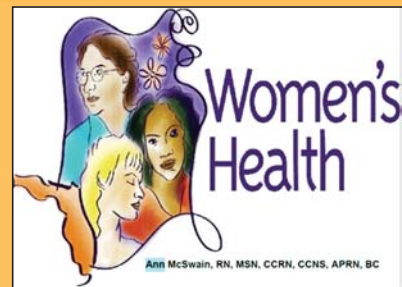
Balance & integration of physical, intellectual, emotional, spiritual, occupational, environmental & social aspects of human condition

"There is no health without mental health."
(WHO, 2007)

"Mental health: State of well-being where the individual realizes own abilities, can cope with normal stresses of life, work productively, and is able to make a contribution to the community" (WHO, 2007)

Health "a state of complete physical, mental & social well-being; not merely absence of disease/infirmity"

-- WHO preamble



Helpguide's 6 Keys to Mental Health



Foundation for well-being & effective functioning for the individual and community



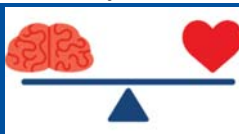
Mental health is...

- linked to behavior & well-being
- determined by socioeconomic & environmental factors

Gender, a determinant of health.

Childhood Mental health disorders commoner in boys. But with aging, women more likely to suffer poorer mental health (WHO 2005)

Mental health intrinsically linked to physical health

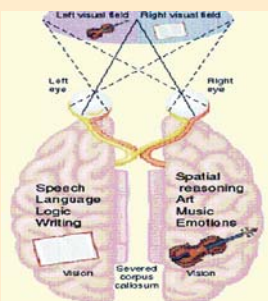


Mental health needs of women unique due to gender roles & social context of women's lives

Strong association between poorer mental health & poorer socioeconomic conditions

Functioning of Male and Female Brain

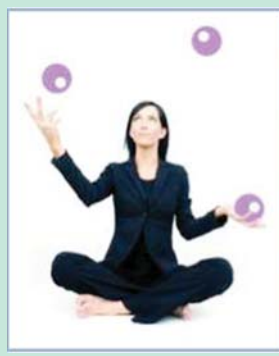
Male and female brains are different



Corpus callosum, bridge of nerve tissues connecting left & right brain : larger in men but thicker in women (Multitasking possible)

Women are the world's best jugglers

Language functioning in both sides of brain in females
(More learning disabilities/dyslexia in men)



Functioning of Male and Female Brain

- More blood flow to left side of the brain in men (better in mathematical calculations)

Women have large thick limbic system

- Males have action oriented empathy; females have feelings oriented empathy.
- Women more susceptible to mood disorders eg. depression and anxiety.



VALIDICTORY - FUNCTION



फोटो गैलरी.....



MEMBERS PERSONAL ACHIVEMENT

program coducted by shakti member

Nutrition week organized by Govt. Girls College Raipur by coordination of Dr. Abhaya Joglekar , Proff. and Head in Dept. of Home Science & Treasurer of Raipur Shakti Unit.



Participation of members in any large scale programme of Organization-
Dr. Swarnlata Saraf :

Nominated as IPCA member. IPCA is Indian Pharmaceutical Conference Association consisting of five Indian associations that is Indian Pharmaceutical Association, Indian Association of Pharmaceutical teachers (APTI), Indian Hospital Pharmacist Association, Indian Graduate Association and AIDOC (Association Drug Regulatory Affairs). She was nominated by APTI as she was elected as the first lady Vice President in the history of APTI to IPCA



Members Personal achievement

Dr. Sunanda Denge is selected as a member of Chhattisgarh State Planning Board Core Committee. Her focus areas are, 'Social Reform and Police Reform'. Shakti is honored for this.



PERSONAL ACHIEVMENTS OF SHAKTIS



Dr. Aruna Choubey Releasing her poetry book by Chief Minister
Dr. Raman Singh

PRESIDENT Pro. Swarnlata Saraf



Annual General Meeting of National SHAKTI in Raipur 28-29 July 2018



SHAKTI MAHILA VIGYAN BHARTI SAMITI RAIPUR

List of the Life-Members

Sr. Name/Date of Membership	Position	Profession	Mob.No E-mail	Address
1 Dr.Usha Dubey Founder	LIFE MEMBER.	Ex-Prof.&Head in Economics, Pt.R.S.Uiversity,Raipur	09826182799 ushapdubey@gmail.com	B1/40 Lokmanya Samiti, Rornipuram, Raipur (C.G.)
2 Dr.Geeta Tiwari Coordinator	LIFE MEMBER.	Ex-Principal&Prof.Psychologisy,	07389900923 geeta_29_tiwari@yahoo.in	C/14,Shailandra Nagar, Raipur in Govt. College, Raipur (C.G.)
3 Dr. Sunanda Dhenge (Vice President National SHAKTI) 12/10.2011	LIFE MEMBER	Forensic Expert	9425207875 skdhenge@gmail.com	Opposite Rajkumar College, G.E. Road Raipur (C.G.)
4 Dr.Swaranlata Saraf Presient 4.11.2011	LIFE MEMBER.	Associat Prof. Institute of Pharmacy Pt. R.S.U. University, Raipur	9425522945 swarnlata_saraf@gmail.com	H.N. 9, Lokmanya Samiti, Opposita Sec. 1, D.D. Nagar, Dagnia, Raipur
5 Dr.Aruna Choubey Vice-President 28.01.2014	LIFE MEMBER.	Prof.in Psychology in Govt.College	09329720248 acpsygotc@gmail.com	C/O Shri R.K.Choubey,Filter Plant, Ring Road No1, Raipur (C.G.)
6 Dr. Vandana kumar Vice-President 12.1.2013	LIFE MEMBER.	Prof.in Hindi in Govt.College	942520718 vkengrani@gmail.com	Science College Campus, Raipur (C.G.)
7 Dr.Smita Sharma Secretary 20.12.2010	LIFE MEMBER.	Director.Coaching Center,, Raipur	09303013723-7587776754 11moonchoon@gmail.com	Sewati Smriti,Gurukul , Azad Chowk, Raipur (C.G.)
8 Dr. ChaChal Deep Kuar Jonit Sectory 24.3.2012	LIFE MEMBER	Asstt. Prof. Pharmacy Rawat Pura Sarakar, Institute	98266660819 dr.chanchaldeep@gmail.com	15, P.W.D. Colony, Near Rajbhawan, Raipur (C.G.)
9 Dr. Divya Sharma Jonit Sectory 23.2.2012	LIFE MEMBER	Asstt. Prof. in Education Vipra College Raipur (C.G.)	9977703004	N.H. 47/151, Ishwar Niketanb\, Brahaman, Para, Raipur (C.G.)
9 Dr.Abhya Joglekar Tresarur 5.12.2010	LIFE MEMBER	Prof.in Home Sc.(Nutrition) Govt.College.	09425203225 abha_abhya@yahoo.com	29, Recreation Ground, Choubey Colony, Raipur (C.G.)
10 Dr. Vinaya Agnihotri 5.12.2010	LIFE MEMBER.	Gynachologist.Having her own Nursing Home.	09425285955 a_vinya@hotmail.com	B1/26, Lokmanya Samiti, Rohnipuram, Matri Seva Hospital. Near Goal, Chowk, Raipur

11	Bharti Sharma 20.12.2010	LIFE MEMBER	Social-Activist.	7587776774	Sewti Smriti, Gurukul, Azad Chowk, Raipur (C.G.)
12	Dr.Richa Sharma 28.1.2011	LIFE MEMBER.	Prof.in Psychology , Govt.College	09826430448 psychologist197@gmail.cpm	D-42Sector-1, Tagore Nagar, Raipur (C.G.)
13	Dr.Usha Kiran Agrawal 28.1.2011	LIFE MEMBER.	Prof. in Psychology, Govt.College	09425211940 Ushakiran2308@gmail.com	402,Giriraj Tower,Sundar Nagar, Raipur (C.G.)
14	Dr.Alka Shrivastava 28.1.2011	LIFE MEMBER.	Prof.in Hindi, Govt.College. Basti., Raipur (C.G.)	09406095245	C/O Shri R.K.Jha,Shanti Chowk,Purani
15.	Smt. Joyti Jha	LIFE MEMBER.	Librarian, Govt. College Purani Basti, Raipur (C.G.)	9977738850	C/O Shri R.K. Jha, Shanti Chowk,
16.	Dr. Kamal Mukharjee 5.9.2011	LIFE MEMBER.	Ex. Principal & Prof in Sanskrit, Govt. College, Nagar, Raipur (C.G.)	9302833231	102, Royl Homes Aparment, Shankar
17.	Dr. Maya Shedpure 15.9.2011	LIFE MEMBER.	Prof & Head, Zoology, Govt. D.B. Girls College	9300202444	HIG-I 84Sec. 1, Pt. D.D. Nagar Dagnia Raipur (C.G.)
18.	Dr Diptee Jha 22.12.2010	LIFE MEMBER.	Prof.in Physics, Radhabai Govt Girls, College. Raipur	09425515334	C/O Shri K. Jha,F.C.I.Colony,Chagora Bhatha, Raipur (C.G.)
19.	Dr. Vatsala Mishra 19.9.2011	LIFE MEMBER.	Prof & Head, Economics, Govt. DB Girls College	9424291564	Saras Vihar Colony Raipura (C.G.)
20.	Mrs. Anita Dixit 19.9.2011	LIFE MEMBER.	Prof. In economic Govt. D.B. Girls, College	9827918123	C-38, Gyatri Nagar, Raipur
21.	Dr. Manisha Sharma 22.12.2010	LIFE MEMBER.	Prof.in Political Sc Radhabai Govt Girls, College. Raipur	09826182891	Phool Chwk,Nayapara, Raipur (C.G.)
22.	Dr. Gouri Agrawal 5.10.2011	LIFE MEMBER.	Prof.in Linguistics, Govt.College. Raipur (C.G.)	07828872513	Mahamaya Apartment, First Flower, Flate, No.106, Raipur (C.G.)
23.	Dr. Roopa Salhotra 24.12.2010	LIFE MEMBER.	Prof.in Mathematics, Radhabai Govt Girls, College. Raipur	09424218362	F23,N.I.T.Campus, Raipur (C.G.)
24.	Dr. Sandhya Bhoi 12.1.2013	LIFE MEMBER	Asst. Prof. in Govt. College	916597662 sandhyabhoi@gmail.com	Raipur (C.G.)
25.	Dr. Mallika Sur 12.12.2012	LIFE MEMBER	Asst. Prof. in Govt. College	9300246644	-
26.	Dr. Smriti Shamra 12.12.2012	LIFE MEMBER	Educationist	9669092989	-
27.	Dr. Swati Tiwari 21.3.2012	LIFE MEMBER.	Asstt. Maneger, C.S.E.B. Raipur	9997391019	C/4 Opp. Samancard Gallery, Raipur
28.	Anita Sareen 22.12.2010	LIFE MEMBER.	Prof.in Chemistry Govt.College.	09827154854	D1 Anupam Nagar, Raipur (C.G.)

29.	Dr. Rama Pande 27.3.12012	LIFE MEMBER.	Prof. Chemistry, Pt. R.S. University, Raipur	9827198370	B1./4, Lokmanya Society, Romnipuram Raipur (C.G.)
30.	Vandana patel 01.11.2017	LIFE MEMBER.	Preparing for civil service	7587323266 (vandana.rahswi8@gmail.com)	N.G.O.-4, Civil line Raipur
31	Neha Dubey 12.1.2018	LIFE MEMBER.	Asst. Prof. Phormecey SRIP, Raipur	8305003936	-
32.	Meena Nibrad 01.11.2017	LIFE MEMBER.	Teacher	9753822726 (nibrad.meena@gmail.com)	Ramesh lakdi tal Ramkund,Raipur, (C.G.)
33.	Anshita Gupta 22.8.2016	LIFE MEMBER.	Assistant Professor	93011988600 (anshita1912@gmail.com)	EWS-157, SECTOR-4, DDU Nagar Raipur (C.G.)
34.	Nikita verma 22.8.2016	LIFE MEMBER.	STUDENT (Rescarch Scholar)	8959286646 mathpara, Raipur	C/O Smt. Sarita verma, Prasad bhavan dudhadhari , mandir road
35.	Madhu Yadu	LIFE MEMBER	-	-	-
36.	Prof. Rupinder Diwan 8.2.2018	LIFE MEMBER.	Professor Govt. Science College	9893260350	C-21,sec-1, Avanti vihar, Raipur (C.G.)
37.	Mrs.Shankuntala Tarar 13.1.2018	LIFE MEMBER.	Free lancing, Poetess	9425525681 Shankuntalatarar7@gmail.com	Ekta nagar sec-2, foat no.-32, Raipur (C.G.)
38.	Miss Sweta Tarar 13.1.2018	LIFE MEMBER.	Music Teacher	9669416755	Ekta nagar sec-2, foat no.-32 Raipur (C.G.)
39.	Bina Gidwani 10.1.2018	LIFE MEMBER.	Assistant Professor	9981903827	Samta Colony Near Krishna Adlabs H. N. - E-N.104/105 Raipur (C.G.)
40.	Astha Verma 12.1.2018	LIFE MEMBER.	Assistant Professor	8827035944	3/758 Ramkund near Maharastra ma dal, Gangaram Nagra Raipur (C.G.)
41.	Madhu Sahu 12.1.2018	LIFE MEMBER.	Assistant Professor	8236963489	CAF line - 19124 1st BN, officer line Bhilai (C.G.)
42.	Pali N.Narkhede 2.2.2018	LIFE MEMBER.	Assistant Professor	8103631565	IN fron of Sai Ram ford services vinoba Nagar, Bhilai-3 (C.G.)
43.	Noopur Trivedi 29.12.2018	LIFE MEMBER.	Assistant Professor	9827169914	H-2/72, Prabhu Rajbhavan narmada nagra, Bilaspur (C.G.)
44.	Dr. Sandhya Sharma 29.12.2018	LIFE MEMBER.	C.G. Govt. Vetarnary Surgen	9406077983	Flat 304-B, Ashoka Kohinoor, Ashoka Ratan Campus Raipur (C.G.)
45.	Pri. Rashmi Singh 29.12.2018	LIFE MEMBER.	C.G. Govt. Vetarnary Surgen	9424283742	Flat 204-B,Ashoka Kohinoor, Ashoka Ratan Campus Raipur (C.G.)
46.	Dr. Rashmi Soni 9.9.2016	LIFE MEMBER.	Asstt.Prof.	9993944339	Purani Basti Raipur

47.	Mrs. Poonam Bisen 9.9.2016	LIFE MEMBER.	Asstt.Prof.	9754300224	Saddu Colony,Baruanda Road, Raipur
48.	Mrs. Shweta Diwan 8.9.2016	LIFE MEMBER.	Asstt.Prof.	7869377285	Rohnipuram GolChowk ,Raipur
49.	Smt. Mukti Bais 9.8. 2018	LIFE MEMBER.	Culture Dept. of C.G. Govt.	9301780919	T.K.Bais, Near KankaliMath, Brahman Para,Raipur (C.G.)
50.	Smt. Varsha Vanwandkar	LIFE MEMBER.	Personalaty Development Counselar	9826132982	
51.	Dr. Veenu Joshi 10.8.2018	LIFE MEMBER.	Asst. Prof. In C.B.S. RSU	9424041236	CBS,Pt.RSU , Raipur
52.	Nivedita Bais 9.10.17	LIFE MEMBER.	Student (PSC Aspirants)	8305372213	Tiwari Colony, Mahoba Bazar,Raipur
53.	Dr. Kalpana Mishra 23.7.2018	LIFE MEMBER.	Asst. Prof. in Hindi Govt. College	9753554534	Govt. D.B.Girls P.G.College Raipur
54.	Neelu Megh 17/7/18	Annual Member	Writer,Poetess	9425202224	H-1 Shanti gar,Raipur (C.G.)
55.	Samina Khan 8.8 2018	Annual Member	Director in SCHOOL	7049762233	272sec-3, Dewendra NagarA Raiur
56.	Dr. Shubra Tiwari 28.8.2018	LIFE MEMBER	Research Associate Sos In Biotechnology, RSU	9165716883	H. No. 52 Shri Hari Niwas, Sundar Nagar, Raipur (C.G.)
57.	Arijta Diwan 13.8.2018	LIFE MEMBER	Engineer (Raipur Municipal Corporation)	8871127089 arjita207@gmail.com	42/C-19, Diwan Sadan Sahid Bhagat Singh Chowak, Raipur (C.G.)
58.	Mrs. Priyanka Shрма 10.8.18	Annual Member	Teacher	9827161051	Maruti Residency,Near R..K.Mall.Raipur
59.	Megha Baghel -	Annual Member	STUDENT	8602703383 -	Baghel nivas Shitla Mandir Chowk Near Bharat Palace, Raipur (C.G.)
60.	Manjula Shrivastava 28.03.2018	Annual Member	Retired Teacher K.V.,	9479231098 dr.Manjula.harsh@gmail.com	

Reg. No. 21276



SHAKTI

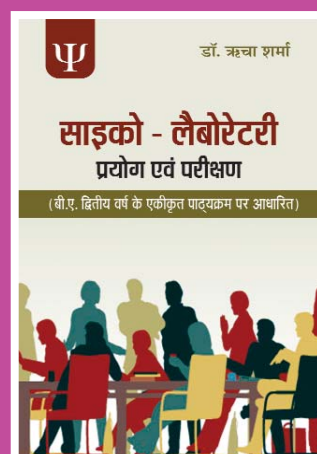
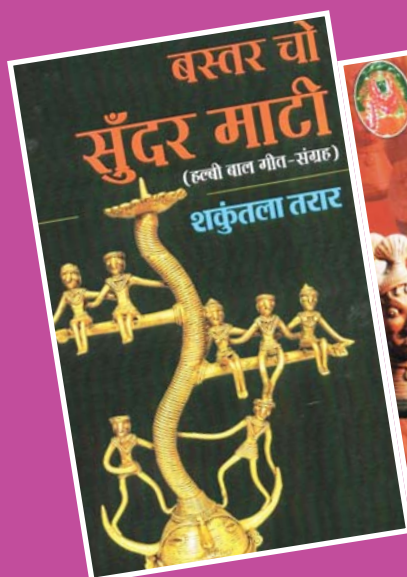
स्मारिका

SHAKTI MAHILA VIGYAN BHARATI SAMITI, RAIPUR

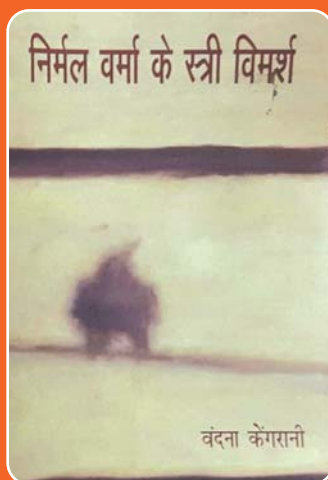
Office: Gurukul, Azad Chowk, Raipur (C.G.) 492001

Email- shaktichhattisgarh@gmail.com

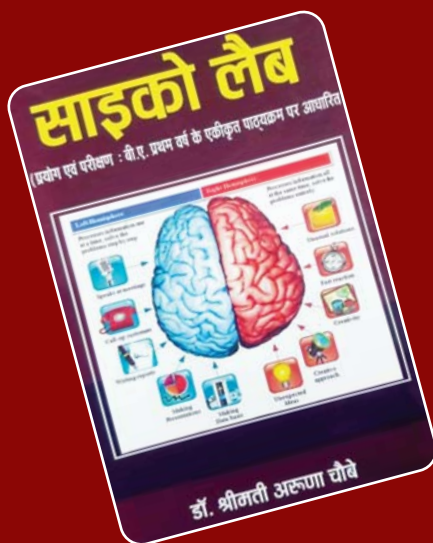
लेखिका शकुंतला तरार के प्रकाशित गीत कविता संग्रह



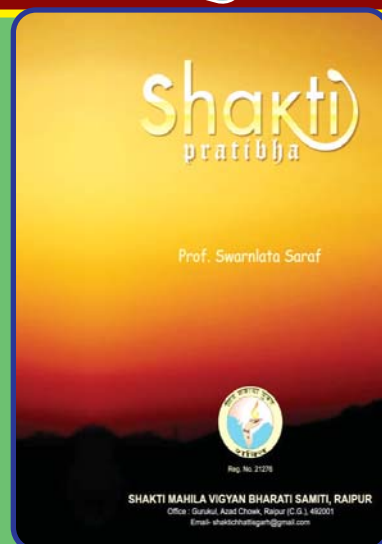
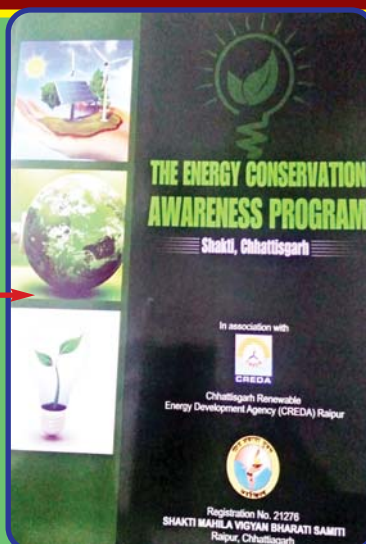
लेखिका वंदना केंगरानी के प्रकाशित पुस्तक



लेखिका डॉ. श्रीमती अरूणा चौबे के प्रकाशित पुस्तक



शक्ति
महिला
विज्ञान
भारती
समिति के
प्रकाशन





किसानों के साथ किसानों की सरकार

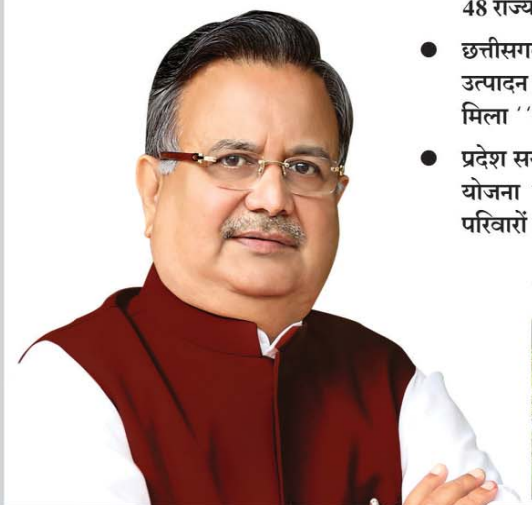


सरकार की कृषक हितैषी नीतियों और किसानों की मेहनत का परिणाम है कि राज्य को पिछले 5 वर्षों में 4 कृषि कर्मण पुरस्कार प्राप्त हुए हैं। प्रधानमंत्री श्री नरेन्द्र मोदी जी के आह्वान पर छत्तीसगढ़ के किसानों की आय को दोगुनी करने का रोड मैप तैयार किया गया है।



समृद्ध खेती-खुशहाल किसान

- राज्य में धान उत्पादन में 47 प्रतिशत, दलहन उत्पादन में 43 प्रतिशत एवं तिलहन उत्पादन में 158 प्रतिशत की वृद्धि।
- राज्य के 43 लाख 37 हजार 595 किसानों को स्वायत्त हेल्थ कार्ड उपलब्ध कराया गया, जो लक्ष्य का 111 प्रतिशत है।
- 14 वर्षों में सिंचाई क्षमता 13 लाख 28 हजार हेक्टेयर से बढ़कर 20 लाख 52 हजार हुई जो वर्ष 2003-04 की तुलना में 56 प्रतिशत अधिक है।
- 2 लाख 9 हजार 66 कृषकों को शाकम्भरी योजनान्तर्गत अनुदान पर सिंचाई पंप वितरित। इससे लगभग 2 लाख 50 हजार हेक्टेयर सिंचाई सुविधा सृजित।
- 4 लाख 70 हजार किसानों को सिंचाई हेतु प्रतिवर्ष 7500 यूनिट बिजली मुफ्त। अनुसूचित जाति एवं जनजाति के कृषकों को पूर्णतः निःशुल्क बिजली।
- धान, मक्का और गन्ना की खरीदी समर्थन मूल्य पर।
- धान और तेन्दूपत्ता की खरीदी पर बोनस का प्रावधान।
- प्रदेश में 2012 चेकडेम एवं 2309 लघु सिंचाई तालाब का निर्माण तथा 29 हजार शेलो ट्यूबवेल की स्थापना।
- 14 वर्षों में 103 बीज गोदामों का निर्माण। भंडारण क्षमता 7 हजार 500 मेट्रिक टन से बढ़कर 81 हजार 650 मेट्रिक टन हुई।
- राज्य के कुल 2543 कृषकों को विभिन्न पुरस्कारों से सम्मानित किया जा चुका है जिसमें 48 राज्य स्तरीय एवं 788 जिला स्तरीय पुरस्कार सम्मिलित है।
- छत्तीसगढ़ को वर्ष 2010-11, 2012-13 एवं 2013-14 में प्रदेश को सर्वाधिक धान उत्पादन तथा वर्ष 2014-15 में दलहन उत्पादन में विशेष प्रयास हेतु भारत सरकार से मिला "कृषि कर्मण" पुरस्कार से सम्मानित किया गया।
- प्रदेश सरकार ने किसानों की आर्थिक दशा सुधारने के लिए 1500 करोड़ रुपये की नयी योजना "चिराग" तैयार की है। इसके माध्यम से प्रदेश के लगभग 4 लाख किसान परिवारों को खेती-किसानी के कार्य में सीधा लाभ मिलेगा।



छत्तीसगढ़ संवाद

सबका साथ – सबका विकास

